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The Lord Is My Shepherd

Healing & Prosperity Thoughts

TO BE USED FROM

NOVEMBER 20 to DECEMBER 19

Healing: "He hath put a new song in my mouth," even the song of wholeness, even praise unto the living God.

AT NINE P. M. EACH DAY CLOSE YOUR EYES AND REPEAT FOR FIFTEEN MINUTES SILENTLY, AND TRY TO REALIZE SPIRITUALLY, THIS HEALING THOUGHT.

Prosperity: "He hath put a new song in my mouth," even the song of plenty, even praise unto the Father of riches.

AT TWELVE NOON EACH DAY REPEAT FOR FIFTEEN MINUTES, AUDIBLY AND THEN SILENTLY, THIS PROSPERITY THOUGHT.

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Thanksgiving and Praise

from the writings of

CHARLES FILLMORE

SPIRITUAL FORCES work through exalted thoughts. When we give thanks to God for our blessings we naturally look up, which takes our thoughts away from the narrow self, thus opening an avenue through which the soul finds a larger field of expression. Giving thanks to God for our good, giving thanks for the joys of life, marshals the lethargic ideas, and there is a stirring to action of the whole man.

Therefore we increase our good tremendously by blessing and giving thanks in spirit. To bring about this good efficiently we must understand the law that bestows upon us this quickening spiritual power of multiplication.

Gratitude even on the mental plane is a great magnet, and when gratitude is expressed from the spiritual standpoint it is powerfully augmented. The

custom of saying grace at the table has its origin in man's attempt to use this power of increase.

A woman who had been left with a large family and no visible means of support related in an "experience" meeting how wonderfully this law had worked in providing food for her children. In her extremity she had asked the advice of one who understood the law, and she had been told to thank God silently for abundant supply upon her table, regardless of appearances. She and her children began doing this, and in a short time the increase of food was so great at times that it astonished them. Her grocer's bill was met promptly, and in most marvelous ways the family were supplied with food. Never after that time did they lack.

In Spirit all things are fulfilled now. The moment a concept enters the mind, the thing conceived is consummated through the law that governs the action of ideas. The inventor mentally sees his machine doing the work designed, though he may be years short of making it do that work. The spiritual-minded take advantage of this law and affirm the completeness of this ideal, regardless of outer appearances. This stimulates the energy in the thought process and gives it power beyond estimate. This is the step that Jesus took when He lifted up His eyes and said: "Father, I thank thee that thou heardest me. And I knew that thou hearest me always." The sleeping youth (Lazarus) does not at once respond, but the prayer of thanksgiving that is now in action gives the assurance that calls it at the next step to the surface—"Lazarus, come forth."

One of the offices of spirituality is to aggregate

divine ideas. Through this action man draws absolutely true ideas from the universal Mind. Thus prayer is cumulative. It accumulates spiritual substance, life, intelligence; it accumulates everything necessary to man's highest expression. When we pray in spiritual understanding, this highest realm of man's mind contacts universal, impersonal Mind; the very mind of God is joined to the mind of man. God answers our prayers in ideas, thoughts, words; these are translated into the outer realms, in time and condition. It is therefore important that we pray with understanding of the law, important that we always give thanks that our prayers have been answered and fulfilled, regardless of appearances. Thus, the necessity of Jesus' giving thanks when He multiplied the loaves and fishes. With understanding and realization of the relation between the idea and the fulfillment of the idea, He quickened the slow processes of nature, and the loaves and fishes were increased quickly. We may not be able to attain at once such speedy operation of the law, but we shall approximate it, and we shall accelerate natural processes as we hold our ideas nearer to the perfection of the realm of divine ideas.

Jesus recognized order as a fundamental factor in the law of increase. When He fed the multitude He made them sit down in companies. If you study the story carefully you will see that there was a great deal of preliminary preparation before the demonstration was made. There was a recognition of the seed ideas, the five loaves and two fishes. Before He broke and miraculously multiplied the loaves and fishes, He looked up to heaven and gave thanks. All

this preceded the actual appearing and appropriation of the supply. Every demonstration is based on the same law and goes through the same orderly steps.

Jesus and His disciples were on a mountain when this great increase of substance took place, which indicates a high state of consciousness. An eminent British scientist, Sir James Jeans, says that it may be that the gods that determine our fates are our own minds acting on our brain cells and through them on the world about us. Here is stated a profound truth that, accepted and tested, will demonstrate supply to meet every need. Science says that we live in an invisible ether pregnant with the essence of all visible things, that this essence is wrapped up in the atom, and that it awaits an as yet undiscovered law to set it free. Jesus knew the law and through Him we may know it. In World War II science used this power in the destructive atom bomb. Jesus used it constructively in feeding the five thousand.

In individual consciousness in all its work the I AM (represented by Jesus Christ) uses the faculties of the mind. The I AM is Spirit, and it cannot move directly upon substance or formed states of consciousness. It uses the spiritual faculties as its agents. The name Philip means "power," and Jesus appealed to Philip to know how these hungry "thoughts" or people were to be fed. Jesus did this to "prove him." [See John 6:5-13.] This means that power is still under the limitations of sense. It looks upon the visible supply and judges its capacity from that viewpoint. Andrew (strength), brother of Peter (faith), has a slight perception of true supply on the seven-sense plane of consciousness (represented as

the lad with five loaves and two fishes). This is a good beginning for the I AM. If you have a consciousness of the capacity that is involved in the natural man's sevenfold nature, you have a good foundation upon which to build the twelvefold or spiritual man.

Having quickened your idea of power and strength in universal Spirit, you "sit down" or center your forces within you and begin to bless and give thanks. In divine order you make connection with the universal mother or vital energy of Being and fill your whole consciousness with vitality. The surplus energy settles back into the various centers as reserve force (the twelve baskets that remained over). Thus you learn to live by "the living bread which came down out of heaven," the very flesh or substance of eternal life.

Praise is closely related to prayer; it is one of the avenues through which spirituality expresses itself. Through an inherent law of mind, we increase whatever we praise. The whole creation responds to praise, and is glad. Animal trainers pet and reward their charges with delicacies for acts of obedience; children glow with joy and gladness when they are praised. Even vegetation grows best for those who praise it. We can praise our own ability, and our very brain cells will expand and increase in capacity and intelligence when we speak words of encouragement and appreciation to them.

"What is seen hath not been made out of things which appear." There is this invisible thought-stuff on which the mind acts, making things through the operation of a law not yet fully understood by man.

Every thought moves upon this invisible substance in increasing or diminishing degree. When we praise and give thanks for the richness and opulence of our God, this thought-stuff is tremendously increased in our mental atmosphere; it reflects into everything that our mind and our hands touch. When common things are impregnated with our consciousness of divine substance, they are transformed according to our ideals. Through persistent application of the Judah faculty, a failing business can be praised into a successful one. Even inanimate things seem to receive the word of praise, responding in orderly obedience when before they have seemed unmanageable.

Turn the power of praise upon whatever you wish to increase. Give thanks that it is now fulfilling your idea. The faithful law, faithfully observed, will reward you. You can praise yourself from weakness into strength, from ignorance into intelligence, from poverty into affluence, from sickness into health.

In the demonstration of abundance charge your mind with statements that express plenty. No particular affirmation will raise anyone from poverty to affluence, yet all affirmations that carry ideas of abundance will lead one into the consciousness that fulfills the law. Deny that lack has any place or reality in your thought or your affairs and affirm plenty as the only appearance. Praise and give thanks for what you have, be it ever so little, and insist that it is constantly growing larger.

Do not concentrate on debts or spoil your prayers by constantly thinking of debts. Think of that which you want to demonstrate, not that from which you seek freedom. When you pray, thank the Father for

His care and guidance, for His provision and plenty, for His love and wisdom, for His infinite abundance and your privilege to enjoy it.

You should expect prosperity when you keep the prosperity law. Therefore be thankful for every blessing that you gain and as deeply grateful for every demonstration as for an unexpected treasure dropped into your lap. This will keep your heart fresh; for true thanksgiving may be likened to rain falling upon ready soil, refreshing it and increasing its productiveness. Remember when Jesus had only a small supply He gave thanks for the little He had. This increased that little into abundance. Blessing has not lost its power since the time Jesus used it. Try it and you will prove its efficacy. The same power of multiplication is in it today. Praise and thanksgiving impart the quickening spiritual power that produces growth and increase in all things.

The prophets of old knew the power of increase inherent in thanksgiving. "Praise ye Jehovah" is repeated again and again in the Psalms, because the Psalmist knew that praise and thanksgiving divinely directed tap the mighty reservoirs of infinite Mind.

I give thanks for the Christ life and substance now apparent in my mind, body, and affairs.

It is an easy matter to give thanks for what we have already received, but it is not so easy to give thanks for what we expect to receive. However giving thanks in advance brings to pass a present expectation. Call to mind often what Jesus said about one's mental attitude in demonstrating spirituality: "All things, whatsoever ye shall ask in prayer, believing, ye shall receive." This may be rephrased in

this wise: Pray believing that you have received, and you shall receive.

Christians who have discovered the hidden laws of the mind make it a practice to give thanks for health, for peace of mind, for all things that they desire, believing that God has given in Spirit that which is to appear in the visible.

A Thankful Heart

A thankful heart I lift to Thee,
Dear Father of us all. I see
Thy guiding purpose everywhere;
As though I were a child, Thy care
Each day surrounds and comforts me.

The varied seasons constantly
Rich harvests bring and ministry
Of earth and star: I bring in prayer
A thankful heart.

For work, for kindly sympathy,
For books, for friendship's loyalty,
For home and those I love who share
My life, for courage, faith to dare—
For all my praise shall ever be
A thankful heart.

—*Amy Bruner Almy*

"If I Be Lifted Up"

MARY LOUISE KUPFERLE

ALL OF US who sincerely try to follow the teachings of Truth, to rise above negative appearances, have times when we are overwhelmed by the magnitude of the changes required within us and the seeming impossibility of the manifestation of all the wonderful things we are told are possible to them that love God.

These times are divine opportunities for greater awakening to our true being, our Christ self, times that we can turn to advantage by turning our thoughts from appearance to eternal spiritual reality, from human habit to the acceptance of important divine truths. At the very first small sign of doubt or dismay the most essential thing we have to do is lift ourselves up in consciousness to a point where our every thought is focused on our heavenly Father and His kingdom. Even as we begin to heed the admonition "Be still, and know that I am God" we acknowledge the power that will in ways we "know not of" perfect and bless and heal.

The beloved Way-Shower gave to His followers no formula, no magical abracadabra, for finding the way to health, happiness, and abundance. Instead He taught a simple way of living, of thinking, speaking, and doing, a way that anyone who desires may follow. He tells us through the Scriptures today to know the heavenly Father, who is the source of every good thing. He tells us that health is, abundance is, joy is

because God is; that since all good has existed since the beginning of time we do not have to create it now; that this is the nature of the kingdom, which is already within us, that we need only seek it in consciousness to find it and bring it into visibility.

How did Jesus so surely know and understand this? Because He continually stayed His thoughts on God, because He lifted "his eyes to heaven," because He went up "into the mountain" to pray, because He lifted up His thoughts above all negative appearances. He rose in consciousness to that state of being where He knew that He was the Son of God, where He could actually see the kingdom as it exists and appropriate its substance sufficiently to bring it into outer manifestation.

At one time the Master asked Simon Peter, "Who say ye that I am?" and Peter answered, "Thou art the Christ, the Son of the living God." In that moment Peter beheld through uplifted faith the true identity of his teacher. This was the identity Jesus constantly claimed, not alone for Himself but for all men.

In spite of our constant tendency to claim an embodiment and environment of sickness, trouble, and unhappiness we need vigorously and persistently to affirm the real Truth concerning our nature. We need to affirm daily and hourly: "I am the Christ of God, victorious, splendid, radiant with my Father's life, the inheritor of His kingdom!"

Again and again Jesus asks us to rise in our consciousness to the realization that we are the beloved son of the Most High and to accept the sonship, which will enable us to see all the wonderful things

that are our rightful heritage: eternal life, love, joy, abundance, and well-being. When He called to the palsied man, "Arise!" He saw this man's individual consciousness lifted up to a natural state of wholeness; the man beheld his true self, his own Christ nature, and in a twinkling he received his inheritance.

When Jesus called Matthew to join Him as a disciple Matthew "arose" to the consciousness of the work he was to do as a blessed and illumined child of God. "Looking up to heaven," accepting the consciousness of the Christ, Jesus fed the five thousand with five loaves and two fishes. When He went up "into the mountain" He healed multitudes of lame, blind, dumb, and maimed. When He "departed into the mountain to pray" He received through the affirmation of His divine sonship all the wisdom and courage He needed to carry on His appointed work.

Among the Master's most often repeated instructions was "Seek ye . . . his kingdom"! In addition He tells us this kingdom is "within" and that He (the Christ) is the "door" by which we may enter. It is evident then that before we attempt to secure anything—be it health or well-being or success or happiness—we must seek the kingdom by means of a lifting up of our own individual consciousness, a finding of our inherent Christ nature. Only then will all the glorious things be visibly added. Only then shall we truly recognize the omnipotence and omnipresence of the heavenly kingdom. Having put on the sonship, all that is good will, according to the divine law, automatically and substantially be manifested as ours in every way.

We have all known times of conscious uplift-

ment, times when we recognized and accepted a part of the divine nature of All-Good, God, as an actual reality within our life; when the very sunlight and air filled us with a fresh, new fullness of life; when our surroundings inspired us by their seeming new beauty and deeper meaning; when we seemed blessed with an assurance of infinite supply and security; when a glance of peace or understanding or compassion in another person's eyes filled our heart with love, a knowledge of the nearness of the one infinite Presence.

These precious moments are not hard to find if we will but take a little time to contemplate the nature of the Father, and of the beloved Son, who said, "These things have I spoken unto you, that my joy may be in you, and *that* your joy may be made full." The more willing we become to give up excessive talking and acting the more willing we become to accept simply and trustingly the promises of the Master, the more we listen for the spirit of His words, the more often and more clearly we shall hear the wonderful message of the Christ and be lifted up within our own consciousness.

We know little about the lives of the apostles before they were called by the Master, but they must have been aware of similar moments of inspiration, and within their hearts there must have existed a burning desire to know more of the nature of the heavenly Father and the true nature of His children. They must have rejoiced in their recognition of the Christ within the man Jesus and in giving up all to follow Him, in spending days and months learning at His side, in attending hour by hour to His words of

wisdom. Yet in spite of their great enthusiasm and earnestness, in spite of their witnessing the performance of miracle upon miracle, their faith and love occasionally faltered and failed. Therefore we of today can take heart and know that regardless of false appearance, of trials and setbacks, of periods of discouragement and bewilderment, again and again the beloved Way-Shower will beckon us on, helping us to keep going onward and upward, revealing more and more of His wisdom and love until we come into a full realization not only of His bright Christ spirit but of that which already dwells within our very own being.

Jesus was often asked "Who art thou?" by those who could not find it in their heart to believe that He was the Son of God. To the Pharisees He replied, "When ye have lifted up the Son of man, then shall ye know that I am *he,*" and thereupon "many believed on him." Just as He asked His followers of that day to lift up the Christ in man, so He asks us today, if we would believe and follow Him, to lift up our thoughts to the spiritual consciousness where we see and recognize and accept the Truth of Being, the heavenly kingdom, which is man's divine inheritance. At that time we shall "see him even as he is," we shall see the same Christ within ourselves, and we shall behold it within all men.

In ways we know not of we begin to be transformed by the acceptance of this spiritual nature. When Jesus blessed the woman accused of adultery no one recognized her as the one they had a few moments before wanted to condemn and stone. As we "put on the new man," accept our divine identity, all

false, undesirable appearances heretofore accepted as real begin to fade and disappear in the light of divine reality.

When Jesus restored the sight of the beggar blind since birth the people found it difficult to recognize the beggar as the same man they had known, and they asked among themselves, "Is not this he that sat and begged? Others said, It is he: others said, No, but he is like him." The Pharisees tried repeatedly to discover the secret of this transforming power. Persistently they asked: "How then were thine eyes opened?" "Where is he?" "What sayest thou of him, in that he opened thine eyes?" "Is this your son . . . how then doth he now see?" "What did he to thee? how opened he thine eyes?"

All these questions brought the Pharisees only greater confusion and a greater desire to condemn Jesus for His ability to perform such miracles. The only way they could find the answer to the questions was to look within their own heart, to discover their own individual Christ nature, and no amount of outer seeking could acquaint them with the Truth they desired to know. So it is necessary for us today only to acquaint ourselves with the Christ within, to follow simply in the footsteps of the Master, to be willing to listen to Him, to learn from Him. "Thou art the life within me, O Christ. Thou art Thyself the answer to all my questions."

We are told that just before the Crucifixion Jesus took Peter and James and John with Him "up into a high mountain apart" (into a state of oneness with His Father) and there He was "transfigured before them; and his face did shine as the sun, and his gar-

ments became white as the light. And behold, there appeared unto them Moses and Elijah talking with him."

Impetuous Peter, believing it the greatest and highest tribute he and his friends could pay to the Father, eagerly suggested that three tabernacles be built: "one for thee [Jesus], and one for Moses, and one for Elijah." Imagine his consternation when an immediate and unexpected reply came as he was "yet speaking," saying, "This is my beloved Son, in whom I am well pleased; hear ye him."

It is not important in what manner the "voice" spoke to the apostles nor that it came forth "out of the cloud," but the message itself was vitally important, and the three apostles must have recognized it as such, for "they fell on their face, and were sore afraid." Only when Jesus reassured them, "Arise, and be not afraid," did their courage return, "and lifting up their eyes, they saw no one, save Jesus only."

This then was the message direct from the Father to Peter, James, and John (faith, judgment, and love): "This is my beloved Son, in whom I am well pleased; hear ye him." Above all else, above every other thing in all the world, above every other person or teaching, above every other word or act or appearance "hear ye him"! This is the consciousness into which we are called now. "Awake, thou that sleepest . . . and Christ shall shine upon thee." This is the consciousness to which we must arise, the state of being into which we must be lifted up in thought in order that we may behold the kingdom.

The Christ consciousness exists within you and me awaiting our ascending into the "mountain," the

high consciousness of prayer and thanksgiving. Like Peter and James and John, we too in moments of fear and discouragement may hear the Master's voice saying, "Arise, and be not afraid," and lifting our eyes we shall see only Him. He is the only way, the only Truth, and the only life; and it is a joyful, vibrant, and abundant way, Truth, and life, one of constantly awakening wisdom and happiness.

Let us turn from all human questioning, all outer confusion, to the quiet and calm assurance of the Christ self within, the self that from the very beginning has existed within as our true being, forever courageous, joyous, wise, and loving. Here we shall find divine reality, the heavenly kingdom; and while our attention is on it all things shall be made new, all negation dissolved, all perfection made visible.

"And I, if I be lifted up from the earth, will draw all men unto myself."

A Thankful Heart

A thankful heart is quick to share the blessings God has lent;
Each gift is wisely utilized, each talent wisely spent.
A thankful heart is satisfied to trust from day to day
That God's abundant goodness will suffice in every way.

A thankful heart rejoices in the blessings God has sent;
The feast of life is flavored with the sweetness of content.
God never breaks His covenant or fails to do His part:
His everlasting bounty still rewards a thankful heart!

—*Bonnie Day*

Prayer and Patience

FRED A. BARROW

THE AUTHOR knows of a small boy who is inclined to be somewhat impatient, and when he asks his generous and loving parents for something he sometimes appends to his request the words "And I want it right now!" But he does not always have his childish requests promptly acceded to by his father or mother; they gently advise him to have patience; and if his request has been a reasonable one, he eventually gets what he asked for or is told why it could not be given him.

"Pray and be patient" was a wise bit of advice given me by a minister some years ago. I have tried to follow that excellent bit of advice and have been made happy by the results. Yet at times our prayers have been answered with almost startling promptness. However our Father knows what is best for us, and He will answer our prayers in His own good time, and according to His wise and benevolent judgment. And perhaps in an unexpected manner.

But we must work as well as pray for the gratification of our needs, using our God-given talents for that purpose. In the Epistle of James we find recorded these wise words: "Yea, a man will say, Thou hast faith, and I have works: show me thy faith apart from *thy* works, and I by my works will show thee *my* faith." A small but religious and energetic neighbor of ours, engaged in clearing the lot back of his new cottage, came upon a huge boulder,

and a friend said to him: "How do you propose to get rid of that big thing? It is too big for you to tackle." The little man smilingly replied, "I'll get rid of it by prayer and faith and hard work." With a sledge and a stonecuttter's chisel he then set to work to break up the boulder. Seeing him swing the heavy sledge, friends of his came to his assistance, and soon the huge rock was in fragments. A new neighbor, building a cellar and seeing the rock, bought it and had it removed to his own property. Had the little man said, "I will ask God to take the boulder away," and then expected God to work a miracle on his behalf, he may have been disappointed. But in faith he prayed and worked; the difficult job was done, and now grass grows where the boulder once stood.

Most of the Master's miracles of healing were almost instantaneous, but when He gave sight to the blind beggar, the miracle did not take place immediately. First Jesus anointed the poor man's eyes with clay, and then He said to him, "Go, wash in the Pool of Siloam." The man did so, and he came back with his sight. Not all prayers for healing are immediately answered. Neither are prayers for other things always met with an immediate response. We all must learn to pray and have patience; God is not to be hurried; He will answer our prayers of faith in His own good time, when we work for the consummation of our good desires.

The Christian farmer prays that he may have good crops, but he must work toward that end. The Christian businessman prays that his business may prosper, but he must work toward that end. The

Christian physician prays as well as works for the recovery of his patients. In due time the crops will come to maturity, the business will flourish, and the patients will recover.

The Psalmist wrote of Jehovah, "No good thing will he withhold from them that walk uprightly." We walk uprightly in the sight of God when we walk as Christ, our great teacher, instructed us to walk, loving one another and serving one another, even as He loved and served. God responds to the prayers of all such Christians.

God gave certain gifts or talents to each one of us. There is not a child of God that has not some talent, and God expects us with His aid to make use of those talents to bring our prayers to fruition. If He helped the shiftless and indolent He would be putting a premium on laziness. We must work and pray and have faith if we would have our prayers answered, and we must patiently await the answer to our prayers.

Not always are our prayers answered in the manner we expect them to be answered.

"God moves in a mysterious way
His wonders to perform."

The English essayist Joseph Addison wrote, "Our real blessings often appear to us in the shape of pains, losses, and disappointments; but let us have patience, and we soon shall see them in their proper figures." Even so it is with God's answers to our prayers; for at times He supplies us with something that better serves the end or purpose we would advance than the actual thing for which we prayed. We must industriously use that which God sends us even

though we do not immediately comprehend its value and purpose, and we must patiently await its development. On this we may depend: if we have prayed in faith for that which is good, our prayer will be granted in one way or another, although perhaps not in the way we had anticipated.

In faith we sow the seeds of prayer in the ever fertile medium or element of Spirit, and in due time we shall see those seeds grow and bear fruit. In the 6th chapter of Paul's Epistle to the Galatians we find these words: "For he that soweth unto his own flesh shall of the flesh reap corruption; but he that soweth unto the Spirit shall of the Spirit reap eternal life. And let us not be weary in well-doing: for in due season we shall reap, if we faint not." So let us sow our prayer seeds and look to God for their growth and fruitage, exercising patience, and then we shall reap the reward.

In faith we pray for material prosperity, and in faith we work for it, and sooner or later it comes our way. Again in faith we pray for renewed health and strength, and if we work spiritually and physically to keep our body fit, living a temperate and sober and useful life, an increase of health and strength will flow into our being in due time.

Jesus healed a man who had been sick of an infirmity for many years. He lay with many others near the Pool of Bethesda, where many went for healing. Jesus said to this man: "Wouldest thou be made whole? The sick man answered him, Sir, I have no man, when the water is troubled, to put me into the pool: but while I am coming, another steppeth down before me. Jesus saith unto him, Arise, take up thy

bed, and walk. And straightway the man was made whole, and took up his bed and walked." A short time thereafter Jesus again met the man in the temple, and He said to him, "Behold, thou art made whole: sin no more, lest a worse thing befall thee."

Now we do not know what sin it was that had laid the sick man on his back, but Jesus knew. So when we pray for deliverance from an evil that is the result of a sin, be it the sin of intemperance or of gluttony or of lustful living, we must refrain from indulgence in these things, we must work with God to effect our own cure or else abide by the consequences.

We will work as well as pray for what we want; we will do only that which is good; then our prayers of faith will be answered by the All-Father, who withholds nothing that is good from His children, if they will but be patient.

God teach us to pray. God help us to work. God help us to have patience.

Oneness with God

Be knowing of your oneness
With the universal whole.
Know that every finite movement
Is infinite in goal.
Not the shadow of a turning,
A seed within the sod,
A word, a thought, a yearning
But that is one with God.

—Mae Lavador Kortland

Discovering New Blessings

GEORGIANA TREE WEST

WHILE COUNTING our blessings this Thanksgiving season it would be interesting to consider the debt of gratitude that we owe to discoverers, those intrepid ones who step out of the rut of precedence in pursuit of truth, not only in the realm of nature but also in the mental and spiritual realms.

We owe a great debt of gratitude to Christopher Columbus who was among the foremost in the ranks of those who were willing to make sacrifices in order to prove a scientific theory. He talked of a short route to India and wanted to prove that the earth is round. The idea of a flat earth was bred of superstition and ignorance. Columbus weakened the idea and so freed men's minds from the fears and limitations attendant upon it. Many others, like Columbus, have penetrated the realm of natural law and delivered innumerable blessings to us through discovering the laws governing electricity, gravitation, buoyancy, sound, light, and other natural phenomena too numerous to mention here. Let us give thanks for them!

Today many discoverers are working in the mental realm. One of them has said: "Every man has within himself a continent of undiscovered riches. Happy is he who acts as Columbus to his own soul!" For centuries philosophers and, more recently, psychologists have been revealing the marvels of the mental realm. They have proved that it operates

under definite laws that are closely correlated with the laws governing the physical realm. These discoverers have proved beyond the shadow of a doubt the influence of mind over matter. Even medical science has developed a branch known as psychosomatics. The word explains itself: *psyche* is Greek for soul or mind and *soma* is Greek for body. In the practice of psychosomatics various physical ailments are traced to mental causes and the endeavor is made to cure the condition in mind. What metaphysics has always known medical science is now beginning to admit. Through the work of these discoverers we have a better understanding of the influence of the mind over the body; we see more plainly why prayer produces results and our faith is deepened.

Our most heartfelt thanks goes to all discoverers in the spiritual realm. Throughout the ages these spiritually illumined souls have been the greatest benefactors mankind has known. While science was still in the dark ages, philosophy halting and oftentimes badly warped, and psychology (as a science) still unknown, these discoverers in the spiritual realm brought to man the high vision that gave him hope, courage, and steadfastness in the right; they kept faith in God and goodness alive in the heart of man.

Jesus was the greatest of all discoverers in the spiritual realm. He had discovered God and His own divinity. He had discovered that God is life itself and that the only workable law of life is love. He brought this discovery to us over nineteen hundred years ago, and we are only just beginning to understand it; only just beginning to show evidences of being willing to act upon it. In the turmoil in the world today we are

seeing the usual procedure when any tremendous change in world consciousness is taking place. The old never passes away without a struggle; the new has to struggle valiantly for its very existence. Once recognized, it has a longer struggle ahead to make its influence appreciably felt. The Golden Rule, revealed as the only workable law of life, has at last been accepted by enough right-thinking people to become recognized by the world at large. Now the great struggle is on to make it an important influence in world affairs. The Golden Rule and other spiritual revelations are the hope of the world. Let us give thanks for all discoverers in the realm of spirit!

Discoveries in all three realms—physical, mental, and spiritual—are interrelated. Acceptance of a spiritual Truth without understanding how to operate in accordance with it breeds trouble mentally and difficulty in the realm of everyday affairs. For instance, we accept the spiritual discovery that God is life, but if we do not know how to operate in harmony with it mentally we do not benefit by it. If we keep on thinking and talking about disease and symptoms of disease, bemoaning our ill-health and relating our symptoms, we shall keep on having physical difficulties even though we have accepted the discovery that God is life. We must act mentally in harmony with this spiritual Truth if we would have physical results.

If we accept the spiritual discovery that God is love, but continue to think ugly thoughts about our family, our friends, and people in general, we shall see ugliness outpictured in some form or other in our circumstances. In order to benefit in our daily life by

any of these spiritual Truths we must make use of the discovery that whatever is held in mind must eventually become manifest in the realm of form. The spiritual idea avails us little unless we are willing to keep our thoughts in line with it. The spiritual idea held in thought becomes a part of our physical existence: Spirit, thought, matter is the logical sequence of bringing our good from the invisible realm of mind into the visible realm of form.

Jesus also revealed to us a great discoverer that dwells within every one of us, the Spirit of truth, which He said would call to our remembrance all the wonders that He revealed. When we are receptive to this great discoverer within us we find spiritual joy in homely, simple things; we become thankful for much that is ordinarily taken for granted.

"Thank Thee for love and light and air,
For children's faces, keenly fair;
For the wonderful joy of perfect rest
When the sun's wick lowers in the West.
For huddling hills in gowns of snow
Warming themselves in the afterglow;
For Thy mighty wings that are never furled,
Bearing onward the rushing world,
Thank Thee, O Giver of Life, O God!"

The potency of praise is another spiritual discovery. Praise is the key that unlocks the door of consciousness to the invisible Presence that can save us from any worldly difficulty. The story of Paul and Silas in jail in Macedonia is a striking illustration of the way a praiseful state of mind can triumph over environmental conditions. They had been lashed, chained, and thrown into jail, yet they sang hymns of

praise! Spite had jailed them and bitterness and revenge in their own hearts would have kept them there. But praise, inner joy bred of faith in God and Jesus Christ, liberated them.

Both Paul and Silas had a mental conception of inner divinity, Christ in them, their hope of glory. To this clear vision they added their heartfelt praise and so were in a state of consciousness where both mind and heart acknowledged the presence of God as the Christ glory within them and all around them. They were feeling the joy of spirit that brings an inner peace and calms all outer storms: "in thy presence is the fulness of joy." They had attained a spiritual height and were able to hold it successfully against the enemies of fear, hate, and suffering. They were in authority over their thoughts; they lifted them praisefully to the truth that they lived and moved and had their being in God's protecting presence; and the presence in which they placed their faith moved in strange and awesome ways to deliver them. God works for us today just as powerfully and sometimes as mysteriously as He worked for Paul and Silas.

The discovery of being needed is another spiritual blessing. One of the saddest things in the world is to feel that nobody needs us. Emerson says that we need to be needed! Thankfulness for being needed can transmute a man's burden of providing for his family or a woman's burden of endless housekeeping details into precious responsibilities—proofs of being needed. Today, as never before, we are all needed in this work of rehabilitation which is going on all over the world. This is our divine opportunity to use all the new blessings we have discovered in behalf of those

who need our help. Our own Thanksgiving will be enriched as we bring cause for thankfulness into other lives.

"Thank Thee because I may my brother feed,
That Thou hast opened me unto his need:
Kept me from being callous, cold and blind,
Taught me the melody of being kind:
Thus, for my own and for my brother's sake—
Thank Thee I am awake!"

My Prayer of Thanks

I thank Thee, Lord, for love that dwells
In every friendly heart.
I thank Thee for the infinite life
Of which I am a part.

I thank Thee, Lord, for beauty,
For eyes to see it all;
For ears to hear Thy whisp'ring voice
When comes Thy still, dear call.

I thank Thee, Lord, for feet that walk
Upon Thy pathway bright;
For hands that work and give and serve
And bear a torch of light.

I thank Thee for a singing heart
That cheers me all the day.
I thank Thee most of all for Christ,
Thy Son, the Truth, the Way.

—MAY BARNES WIGHT

The Truth Shall Make You Free

FAITH

L. STEVENS HATFIELD

IN THE Epistle to the Hebrews we find what is probably an answer to a query: "Faith is assurance of *things* hoped for, a conviction of things not seen." This definition of faith has held good for nineteen hundred years, yet many of us are not yet sure of its exact meaning. In this connection Webster defines faith as "Act or state of acknowledging unquestioningly the existence, power, etc., of a supreme being and the reality of a divine order; belief in God, revelation, or the like; as, soundness or weakness of *faith;* an act of *faith.*" Another definition of faith is "the fact of accepting or the disposition to accept as real, true, or the like, that which is not supported by sensible evidence or rational proofs or which is indemonstrable; as, writings marked by *faith* rather than by insight."

In Truth we learn that through faith in God we find our true self and know that self to be strong enough, courageous enough, loving enough to accomplish all that life requires of us.

Our faith or trust in God is the open door to all our blessings. When we have true faith in God we have everything. God knows how to bring His good into visibility in our life. He has ways that are beyond our human comprehension, beyond our finite ability to foresee. Our part is to keep our self an open channel through which He can work.

Whatever our mission in life may be, we can go forward in faith, knowing that with God with us we cannot fail. It is through faith and works that our blessings come, faith in the possibility of achieving whatever it is we want to do and the patience to work with our abilities until they bear fruit.

The faith that overcomes every obstacle in the world is the faith that refuses to accept apparent opposition and defeat. At no time in the history of the world has the need for love and faith and understanding been so great as now when conditions necessitate so much change in the affairs of individuals and nations. Our faith in God, our vision of His goodness at work in the world, will help in the construction of a new way of life for all people.

Faith is a habit that like every other habit is strengthened and increased by continual exercise. Practice having faith in God, approach every problem in the faith that God will guide you to the right and perfect solution. Use your faith during every hour of the day confident and calm in your belief that nothing will come your way that God and you together cannot handle. As you use the faith you have, it will begin to grow, and you will find yourself guided, protected, and blessed in all the affairs of your life.

When we set aside a period each day for spiritual communion and affirm that our faith in the power of God, the power of good, is strong and dauntless we find ourselves lifted up into the high place of dauntless faith and courage, and limitations of every kind disappear and we are unfailingly blessed.

We can develop strong faith by knowing that Christ in us is wise with the wisdom of Spirit. We can develop true faith by devoting time to silence and prayer and by acting on this faith of Christ when we have challenging experiences to meet.

Our faith is constantly strengthened and reinforced by use. Through habitual use faith shall untangle and solve every problem of mind, body, and soul that confronts us. Our faith helps to call forth the divine plan of wholeness, freedom, joy, peace, love and abundance. Our faith will prove that God, the good, is at work now, that He is the only power and presence in our life. God is all good, and when our faith is in Him we bring that good into our life and affairs. When we pray we should feel assured that our prayers are answered and that the power of God is working mightily to bring our good to us.

Faith is a dynamic quality. Faith refuses to accept opposition. Faith rises triumphant above every seeming defeat and brings forth victory. Faith is our heritage; as we accept and use it it grows and increases until it transforms our whole life for the good.

Faith in the healing power of God is the fundamental principle upon which spiritual healing is based. Should you need healing, awaken your faith. Hear the voice of Spirit saying to you, "Thy faith hath made thee whole." This is the way of true guidance and peace and assurance.

Let your faith in God fill you with joy and peace. Throughout the day turn to Him and know His love and His counsel. Go forward with poise and confidence, with love and peace and faith in your

heart. In faith and trust place yourself and all your desires under God's care and direction, and all the events in your life will fall into a perfect pattern of divine order and harmony.

Sometimes people say, "I pray, but I do not get an answer." God hears and answers every prayer, but in order to receive the answer you must rise above the problem and rest in the consciousness of its fulfillment. When you touch God consciousness at any point and realize your oneness with Him you are at one with His blessing and the blessing you seek. This is not always done in an instant; sometimes it requires steady, unwavering faith on your part—a patient waiting on the Lord until the human self is stilled and God has a chance to reveal Himself.

Faith, assurance, and clear vision developed through meditating daily upon the goodness of God make us receptive to His blessings and our manifest good increases according to our faith. We have more life and energy, more peace and love, more power, success, and prosperity when we have more faith in ourselves and more faith in God.

We have a great deal more faith than we realize. If we did not have faith in our ability to do things we should never attempt anything; we should stagnate and die. Faith is the very foundation of our life. Faith in God enables us to work with His creative energy. Faith in God plus faith in ourselves gives us an unconquerable spirit and opens to us a way of life that is full and triumphant.

If we have faith, if we have the deep assurance and conviction that God is constantly bringing more

good into our life, we shall be rewarded by seeing good spring into evidence on every hand. Our faith is the bridge that connects the invisible with the visible. Over this bridge our good comes into manifestation.

Faith is an inherent quality of our very being. The Christ in us is the source of our faith, and this source is infinite. It supplies not only the faith by which we live confidently and triumphantly, but it also gives us faith to see good in others and to call forth that good. Through faith in ourselves, in our neighbor, and in God we give and receive richly day by day.

Faith is far-reaching and its power is unlimited. If our faith is firm in time of trial those beholding it will be renewed in spirit and will carry on with new courage. Faith shows our loyalty to God. Having faith in Him, we are not troubled by doubt and unbelief. Our faith in Him is strengthened as we keep our mind filled with thoughts of Him. We strengthen our faith by giving up every thought of doubt. Faith must be pure, perfect, entire; we cannot divine our faith between God and something that is the opposite of God. Faith in God serves to identify our good with His blessings. We cease to believe in evil, sin, fear, disease, and lack when we have faith in God, all good. God is our light, our peace, our joy, our love, our courage, our life, our supply. His faith fills us through and through; it gives us steadiness, power, and poise when we accept it and believe in it and live by it.

By faith we keep ourselves identified with God. By faith we overcome all tendency to doubt and un-

belief. Faith brings the answer to our prayers with visible and tangible evidence of the goodness of God. Think often of God. You will find you are free from unbelief when your whole faith is centered on Him, when you think of Him to the exclusion of all else. You increase your faith to the point of fulfillment when you recognize God as the only presence and power in your life. Faith in God increases as we cease to pin our faith on other things and think of Him. Through our faith we draw His rich blessings to us.

Faith heals.

Faith prospers.

Faith blesses.

As our faith increases our blessings increase. As we exercise faith in small matters we discipline ourselves to use faith in more complicated affairs. By using faith we make it a living part of ourselves. As we see more and more how our faith works we are eager to apply it to every situation. Turning to God for an increase in faith we find we are enveloped in faith. We cease to believe in any negation when the faith of God's goodness is established in our mind.

Faith gives us a powerful hold upon the good in life. Through faith we seize upon that which we desire to see manifest. The power of God comes to our aid when we believe in His power. When we have faith in God He stands with us to guide us, to encourage us, to bless us.

The very thought of faith removes from our mind all wavering and questioning, all uncertainty. Faith links us with something mightier than our own personal efforts. Faith in God establishes us in the

unfailing, protecting power of God.

Faith is a master builder. It takes the ideas in our mind, clothes them with substance, and brings the finished product into expression. We can prove to ourselves where our faith is centered by watching conditions in our life and affairs. Christ gave the supreme example of illumined faith. His faith was so firm and steadfast that even before He uttered the word of prayer the desired good came into manifestation.

We increase our faith by thinking about God and His infinite love for us. We illumine our faith by turning often to Him. When we declare our faith in God, when we declare our faith in our divine self, when we declare our faith in Spirit, we can rest in the assurance that our declaration opens the way for the fulfilling of our righteous desire.

Faith is fidelity to Truth. If we would be faithful today to all the Truth we know we could produce wonders in our life. We could revolutionize our life by being faithful to what we have perceived and know about Truth. When we stand firm in our faith in God, Spirit will open the way for rich blessings to come and dwell with us.

When we are faced with an emergency of any kind, instead of allowing our thoughts to become fearful and disorganized we should affirm our faith in the power of God working in us to overcome all negation in mind, body, and affairs. When we control our thoughts and declare and live our faith we shall find it easy to control any situation that may arise in our life.

Faith is the key to the kingdom of God. Daily

practice in using faith will very quickly make us sure and self-reliant, confident of the way in which we should act and courageous enough to follow that way. Rejoice in your faith. Let it shine through your thoughts, let it live in your spoken word, let it show forth in your body temple, in your life and affairs; then not only will your life be illumined and blessed but you will be a center radiating faith to others, a living declaration of belief in your oneness with God and His goodness and love.

Faith in the presence and power of God within you is a mighty force. It knows no barrier but moves through inharmony and negation to infinite good. By the activity of faith in your mind and soul you go consciously forward each day, divinely sure of peace and happiness and success and love. Then, as Jesus promised, all the outer things required by you to establish your well-being will be added unto you.

Faith in its truest sense is the consciousness of every thought, word, and act originating in God. Let us have faith in God to guide our way. Let us trust in His wisdom. Let us know that His law is perfect, that it works in all our affairs to bring our highest good to us. Our faith in God assures us of our unity with His life, His substance, His power. Through our faith in Him He blesses us with the faith necessary for the fulfillment of our every desire.

"That *life* which I now live . . . I live in faith, *the faith* which is in the Son of God."

(TO BE CONTINUED)

Thou wilt guide me with thy counsel.—PSALMS

Dignity in Daily Living

KATHLEEN W. WELCH

He has made everything beautiful in its time. Behold, this only have I found: that God made man upright; but they have sought out many inventions.

ONE OF THE most noticeable things about Jesus was the great dignity and graciousness He showed in His daily living. Every picture we have of Him is one of calm assurance, serenity, tenderness, compassion, selflessness, consideration for "the other fellow," courage, and strength. He never lost sight of the dignity and purpose of life. One cannot imagine Jesus ever being hurried, confused, irritated, impatient, or befuddled by indecision or mental conflict. Even in the only recorded display of His anger, when driving the money-changers out of the Temple, we get a picture of His majesty and the feeling of a great cleansing and purifying of the atmosphere around Him. At another time, when Jesus knew in His heart that His friend Lazarus was dead, He did not hurry or become upset, but we read that "he abode at that time two days in the place where he was." His confidence and faith in the Father's power never deserted Him. This was the secret of His strength and serenity.

How much we may learn from Him of the dignity and graciousness of daily living! Too many human beings live a mentally cluttered, confused, tense life, filled with petty trifles and a straining after false

values. If on taking time off for a little self-analysis you find that you are in danger of becoming one of these persons, just pause and ask yourself if it was for this that the Father of Jesus, your Father, created you. Jesus had much more reason to become confused, irritated, tense, and depressed than either you or I can ever have. Thousands of sick, importuning, hungry people followed Him wherever He went. His time was never His own. In addition to this the scribes and the Pharisees were ever at His elbow with their condemnation and their trap-setting. Even His beloved apostles, whom He patiently taught day by day, disappointed Him at times and were not able to live up to His teachings. Yet He walked—not ran!—through the days with love and graciousness.

We are all familiar with the Biblical story of the two sisters Martha and Mary. We remember how Martha was "cumbered about much serving," when Jesus was visiting them one time, but Mary sat at the feet of Jesus drinking in His words. Martha expostulated with the Master, asking Him to send Mary in to help her with the work, but Jesus answered her, "Martha, Martha, thou art anxious and troubled about many things: but one thing is needful: and Mary hath chosen the good part, which shall not be taken away from her." Surely by "the good part" Jesus meant a deep desire for spiritual growth, for an understanding of spiritual and eternal values, a desire to live each day at its highest and best.

God created man "a little lower than the angels"; He has given him the gift of life to mold in any way he chooses. Life may be lived insignificantly, hurriedly, in confusion, the days filled with unimportant

trifles, unsatisfying pleasures, and work that is unproductive of real and lasting value. Man may run from one appointment to another, one party to another; he may become irritated and impatient and tire himself out with useless fretting and become exhausted with what he calls the "strain" of living. However when a man does this it is time for him to draw back and take a look at himself.

Why is it that an artist will step back from his easel to take a fresh look at his painting, a man will climb a tree to get his bearings when lost in the woods? Because he needs to get a better perspective, a truer picture of what he is doing, of where he is going. Many people's new-year resolutions do the same thing for them when the resolutions are made in earnest. They step back and take a look at themselves and at what they have accomplished or failed to accomplish in the old year, and from this they draw up a fresh blueprint, as it were, resolving to do better in the new year at hand. Each day, each moment may be a new beginning in spiritual growth. Spiritual man is not concerned with man-made calendars, for he has all eternity in which to learn.

In his essay "Spiritual Laws" Emerson writes this deep truth: "Real action is in silent moments. The epochs of our life are not in the visible facts of our choice of a calling, our marriage, our acquisition of an office, and the like, but in a silent thought by the wayside as we walk; in a thought which revises our entire manner of life and says, 'Thus hast thou done, but it were better thus.' . . . This revisal or correction is a constant force, which, as a tendency, reaches through our life-time."

Each time we say to ourselves, "Thus hast thou done, but it were better thus," exchanging a bad habit for a good one, a negative attitude for a positive one, an inclination to be impatient and irritable for a determination to be patient and loving and understanding; each time we replace our hurried, confused thoughts with the serene, peace-filled thoughts of the Christ mind, ever waiting to express poise and serenity through us; each time we raise our sense of values, measuring them not by the yardstick of the world, of the "Joneses," but by the yardstick of Spirit and of infinite wisdom and intelligence; each time we do this we are dignifying and glorifying our daily living, and we are following the example of the Master.

Life lived hand in hand with God can never be cluttered, hurried, or confused. An awareness of the presence of God and a remembrance of the promise of the Christ, "Lo, I am with you always, even unto the end of the world," will smooth out the rough places, put dignity into the most commonplace tasks, and will shine through that moment of irritation or anger, that fit of depression, that mental conflict. Let God's healing peace flow through every moment of every day. The first thing every morning promise yourself: "This day I will not be hurried or confused. This day I will live hand in hand with God in dignity and graciousness. I claim the peace and serenity of the Christ within. This peace is now established in my consciousness. I give myself time to look for and see God's purpose for me, and I consciously co-operate with this purpose. 'Greater is he that is in you than he that is in the world.' "

Balzac long ago wrote, "To live in the presence

of great truths and eternal laws—that is what keeps a man patient when the world ignores him and calm and unspoiled when the world praises him." And Glenn Clark, a contemporary writer, declares: "Happy is he who can carry great quiet spaces with him wherever he goes. These quiet spaces are the best shock absorbers in times of hurry and bustle and confusion. They are reservoirs of power in the dreary deserts of life. . . . They are little spots of heaven that carry a glory and radiance with one all day long."

So right now, this day, let us determine to live life graciously and with dignity, not with the pompous dignity of the world but with the peace-filled dignity of Spirit. Let us test our standards of living and our sense of values and see if they will stand the searching, radiant light of the ever-present Christ. Then let us surrender these standards of living and these values and all the hurried moments to the Spirit of peace to be raised and purified and calmed and dignified.

Dear Father, I now turn all the hurry, bustle, and confusion in my life over to Thee. I surrender all the little irritations, the petty trifles, the foolish worries. Fill my mind and heart with Thy peace and serenity, Thy dignity and graciousness, now and evermore, in the name of Jesus Christ. Amen.

No man is born into the world whose work
Is not born with him; there is always work,
And tools to work withal, for those who will.

—LOWELL

"It Will Surely Come"

MARY OLIVE HUDSON

For the vision is yet for the appointed time, and it hasteth toward the end, and shall not lie; though it tarry, wait for it; because it will surely come, it will not delay.

ARE YOU ACQUAINTED with this lovely prophecy, tucked away in the seldom-read book of the prophet Habakkuk? It thrills with music and with promise. It is poetry, and with bated breath we stand in awe and wonder whether it can be applicable to us.

We have longed for the vision. When will be the appointed time? Will it really open to us the mystery of life and tell us the truth? How shall we wait while it tarries? And do we not here have a contradiction? First we are told to wait, though it tarry, and then we are told that it will not tarry. Which am I to believe, or how is it possible to believe both?

Habakkuk was burdened with the injustices of the world of things and of sense. There was chaos and violence, and the forces of evil were the triumphant forces. Yet he could see that evil has within it the roots of its own destruction, and that the reason why God does not overrule man is that He is "of purer eyes than to behold evil," and cannot "look on perverseness." Man has dominion on the earth plane. He has the right of choice. God is the unchanging principle of good, but He does not force Himself

upon man. As long as man chooses to look to outer sources and to worship things, he has the privilege of doing so.

Habakkuk is you and I struggling against the seeming odds of fate, beholding God as All-Good, but unable to incorporate All-Good into our life. The circumstances in which we find ourselves enmeshed are too much for our finite understanding, and certainly too difficult for us to solve triumphantly alone.

What shall we do about it? What did Habakkuk do? "I will stand upon my watch, and set me upon the tower, and will look forth to see what he will speak with me, and what I shall answer concerning my complaint."

The tower is the high place of consciousness. The watch is meditation and the silence. Habakkuk saw the futility of the graven image—man's human, limited concept of God—and declared: "Jehovah is in his holy temple: let all the earth keep silence before him." This is the Lord of our own being, who dwells forever within our spiritual self. It is the earth that is to keep silence, the temporal things of sense.

If I wait until I am worthy and ready for this communion, I shall never have it. In the midst of the turmoil, when everything looks dark and I am utterly defeated, I am to go aside and seek the quiet place, and I am to know in spite of all the seeming that there is only the one Presence and one Power. I shall cleanse my consciousness by denying the reality of the appearance of evil, and I shall affirm only that which is pure and perfect. Then I shall wait in the silence for the "still small voice."

The answer will probably not burst upon me all at once in a vision of dazzling whiteness, such as struck Saul blind upon the road to Damascus, but it will give me the key that will unlock one by one the doors to the inner sanctuary, and one by one the mysteries will be revealed to me as I unfold in understanding.

Yes, the vision is for an appointed time. Not that God arbitrarily sets a time when He will reveal Himself to man, but that the vision will come when man is ready to receive it. Man determines the appointed time. God is ever ready and waiting. He even pushes gently at the door of our heart, but we mostly misinterpret the divine urge. "Behold, I stand at the door and knock: if any man hear my voice and open the door, I will come in to him, and will sup with him, and he with me."

The "appointed time" is both now and the moment of realization. All that God is through all eternity is concentrated in the everlasting here and now, the solution to our problems, manifestation of our good to the degree of our recognition. God never tarries. But man's consciousness lags behind even his intellectual knowing. It is realization that is manifestation, and that is usually not instantaneous. It generally takes time for us to realize deep within our consciousness (out of which are the issues of life) that the spiritual essence, the idea, is itself the fulfillment.

Realization is the vision. "And Jehovah said unto Abram . . . Lift up now thine eyes, and look from the place where thou art, northward and southward and eastward and westward: for all the land which thou

seest, to thee will I give it, and to thy seed for ever." We may have whatever we have the capacity to visualize.

The "appointed time" is renewed from moment to moment throughout our sojourn in the realm of time and space. We are spiritual beings. Like the prodigal son, we came from the Father's house. We can catch a vision of what the Father's house is like, because we used to dwell there, and we have the remembrance of it deep within us. Our journey is back to the Father's house. It has been said that the entire teaching of Jesus has to do with the mental and spiritual evolution of man by which he is gradually weaned away from his animal state and gradually established in the state of the spiritual being that he is in reality. In other words, the journey back to the Father's house is a journey of recognition of that which eternally is.

Man is not destined to remain the kind of creature he now appears to be. Our evolution is not yet complete. We are predestined and foreordained for a vastly different form of existence than that in which we now find ourselves. The names by which we generally call it are "cosmic consciousness" or "fourth-dimensional living." We have a continuous rendezvous with destiny and at the "appointed time" we experience the vision of that which we are in reality!

In the meantime, while the vision seems to tarry, what shall we do? Wait for it in the sure knowing that it will come. This is faith, and faith is the very substance of the thing hoped for, the evidence of the thing as yet not visible.

What a glorious privilege is the silence, during

which we discipline the mind to hold the vision in faith. Habakkuk states it thus:

"Jehovah, the Lord, is my strength;
And he maketh my feet like hinds' *feet,*
And will make me to walk upon my high places."

Just as the hind places his two rear feet in the exact tracks made by his two front feet, and thus reaches the mountain heights in safety, so we shall reach the spiritual heights that are our destiny by dedicating our mind to the holding of divine ideas.

THANKFULNESS

Cora May Preble

For what shall I give thanks today?
For all things sweet and good and kind.
For many things upon life's way,
Like true content and peace of mind.
For friends who seem to understand
When I have made some grave mistake.
For those who offer me a hand
In comfort when my heart would break.
For tasks to do each busy day.
For flowers, trees, and singing stream.
For bird songs that make the hours gay,
And eventides when I may dream.
For dear ones to love and share with me
The sunny days or days less blue.
And best of all, for faith to see
That God is near in all I do!

The Power of Imagination

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VAN SCOTEN

CAN YOU IMAGINE THAT! Yes, our mind can imagine whatever we desire it to imagine. It can imagine the bad as well as the good, the ugly as well as the beautiful, poverty as well as prosperity, sickness as well as health.

The imagination is forever focusing an image upon the screen of the mind. An image is a picture held in the mind.

What kind of images are you holding? Look well at the ones within your own mind, and you will know the kind of a life you are building. You can picture yourself as prince or pauper, as a beautiful princess or a poor little Cinderella. You can live in a palace or a hovel. Via the imagination you can travel to California and be home in time for lunch. Via the imagination you can soar to the heights of great achievement.

The imagination is one of the most important powers of man. Through this faculty we have the power to image the good into our life. The imagination must be used in a constructive way to create the good only. God intended this faculty of the mind to create the good, but man has used it to create evil too. "No man can serve two masters"; that is, hold thoughts of good and evil at the same time and expect good to come forth.

Every good and perfect idea comes from the

one Mind. God has given us access to its perfect ideas. We have only to tap this infinite Mind to obtain all the ideas we need; attune our mind to it and enter into perfect harmony with it. Many times we misinterpret or wrongly combine ideas and get an imperfect image. We must form our image according to the perfect pattern if we want a perfect creation.

The imagination embodies ideas in shape and substance. We might have the most perfect ideas, but without the creative power of the imagination nothing can be brought forth into manifestation. Suppose the idea of a new type of house comes into your mind. It is a perfect idea, but unless you take it and focus your faculty of imagination upon it you will never get far. No one can build or create anything without an image or plan to go by.

We are made in the image and likeness of God. Through the imagination we are able to grasp the true pattern of our divine self. Hold fast to this ideal pattern, for what you behold, that you will eventually become. See yourself as a true and perfect child of God, and you will become one. Every picture you form should be in the image and likeness of God.

Let me cite the case of a girl who was crippled but who constantly held in mind a perfect picture of herself as well and strong. While her body was deformed and she wore a heavy cast and brace, she refused to hold this picture of herself in her mind. Instead of visualizing herself as sitting in a wheel chair for the rest of her life, she pictured herself walking, running, jumping, dancing, swimming, playing ball, tennis, and golf. She studied books

and magazines on sports, exercise, and physical culture. She made a "treasure map," pasting on it pictures of all that she wanted to be and do. She affirmed the truth of her God self. Ultimately her body outpictured the health that she imaged for it, and today she is active in Truth work.

Go to the Father in silent prayer in the recesses of your own soul, and let Him reveal to you the ideas that are for you to use. Then turn on the power of imagination and create a perfect picture of that which you desire to see made manifest. Keep this image before you until it brings forth the ideal creation.

"Thou shalt not make unto thee a graven image." I wonder how many of us realize that every time we hold a mental picture of sin, sickness, poverty, hate, fear, or other negative condition we are making for ourselves a "graven image," worshiping a false god. Of course none of us want these negative conditions in our life. Therefore we must change our thinking and hold perfect images.

How much better it is to image yourself as well, strong, and youthful than as sickly and getting old. How much better it is to image yourself as successful and prosperous, with plenty of money to pay all your bills, than as poor and worried about paying the landlord when he comes for the rent. It is much better to image yourself as living in love and surrounded by harmonious conditions than as surrounded by discord and hate. It takes no more energy to picture the good, and you will get a great deal more enjoyment out of life by thinking of the good things that you know are coming your way.

We are masters of our fate when we hold steadfastly to the ideal image of the good we desire to see come forth. Hold this image of the good in your mind until it becomes an established fact throughout your whole being.

Fear, worry, and anxiety have no place in a well-balanced life. When we allow the imagination to run riot it often conjures up all kinds of fearful images. These negative images must be cast out. When an image has become fixed in the subconscious mind it is hard to get rid of. Destroy the imperfect image. Deny that it has any power over you. No negative mental image can have power over you unless you give it power.

There are people who imagine that they have all sorts of ailments, from measles to cancer. I know a doctor who said that "imaginitis" is all that ails these patients. As long as they continue to hold before them these images of sickness and disease and imperfection they can never expect to have perfect health. Whatever we hold in the mind will sooner or later become manifest for us. So why not hold the kind of pictures that we want to see exemplified in our life? I have known of diseases and infirmities that have been harbored over years, when a new thought image would have erased the old negative condition from the body!

We often install false images into the minds of children. How many times have we heard parents say, "Be careful or you'll fall," "Watch your step or you'll hurt yourself," and very often the child images the suggestion and hurts himself. We expect our children to have the measles and all the other

diseases, and they do. Our mental images of fear and sickness are impressed upon the mind of the child, and he takes on the condition we see him in. I know a child brought up on fear who lived a miserable young life. Years later through the study of Truth she was able to free herself from the bonds of negative fear images formed in childhood.

Much time is wasted when we allow the mind to wander from one image to another. Idle daydreaming is not using the imagination in a constructive way. Everyone should have a purpose in life and then hold steadfastly to the perfect idea of this purpose. No person can get very far if one day he pictures himself as a lawyer and the next day as an artist.

I know a woman who had little material wealth, but she desired the better things of life, so she imaged them. She pictured herself as being the best-dressed woman, living in a beautiful modern home, traveling over the country in airplanes and deluxe trains, owning her own car, and doing work that she knew she was best fitted for. Everything that she pictured finally came into her life, because she was true and faithful in holding to the perfect image of what she wanted.

Imagination is able to build character, for the right image held in mind will erase any bad habit. The thief who will hold a picture of himself as an honest man cannot help but become honest. The liar who holds the image of truth before him will become truthful. The lazy person who holds in mind a picture of success will become successful.

Do you picture yourself as getting old, feeble,

and bent over, or do you picture yourself as young, vital, and energetic, filled with the zest for living? Many times we find ourselves in the company of people who are always expressing some negative idea, which if we are not on the alert will instill in our mind a picture that we do not want to entertain. Are you living with a person who every time he gets up out of a chair says, "Oh, I'm so stiff and lame, I must be getting old"? Watch your thinking and see that you do not form images that represent your body as lame and stiff.

The body is being constantly renewed and should never grow old. It never will grow old if we hold the right thought images. But instead of beholding a perfect image of a perfect body filled with youth and vigor we imagine that we are getting old, because we have passed the half-century mark in years, we think it is about time we took on weakness and old age. Our body is a willing servant, but we must feed it with nutritious thoughts of life and health and youth.

In his book *Christian Healing* Charles Fillmore says, "What a man imagines he can do, that he can do." Nothing is impossible to the man of imagination. Whatever we wish to do we must first image. The man who desires to build a house must first image it, first mentally draw the plans. The artist must first image the picture he is about to paint. The man who desires to be a success in business must first image himself as successful.

Every negative image can be erased from the mind by putting in its place a positive, constructive one. If you have been holding the image of sickness

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and old age in your mind you must change that image by affirming, "I am well and strong and youthful." If you have been holding the thought that you are poor and a failure you must change this by affirming, "I am rich and successful in all that I do."

"Be ye transformed by the renewing of your mind." Through developing a new mental image and holding it steadily and unwaveringly before our mind we renew our mind. As we behold this new image the old false thoughts will fade away into nothingness.

"Have this mind in you, which was also in Christ Jesus." Jesus held in His mind the perfect image of Himself as the Son of God. He thought Godlike thoughts, casting out of His mind all false images. If Jesus had not kept before Himself the idea of the perfect God self He never could have accomplished what He did. We too can do the same things and even "greater works than these" if we keep our mind filled with the perfect image of good.

TRUTH

The Christ was never in the tomb:
The Christ will never die!
The Christ resides in every heart
To bless and glorify.

The Christ ascends eternally,
Dispels always the dream
That any soul is ever bound,
Whatever life may seem.

—*Malcolm Schloss*

A Prayer Answered

VIVIAN STEPHENS

A SPLENDID article by R. H. Grenville in *Weekly Unity* of February 6, 1949, reminded me very forcibly of my own experience when I began the study of Unity. Mrs. Grenville states:

"When we pray for guidance we are really asking for directions, for instruction, for a formula. Our very asking implies that we mean to do something ourselves. Then how is it that we so often overlook the very first essential, that of listening to what God has to say?"

My experience attests to the truth of that statement and the glorious reward that comes from not only listening but—in my case—from promptly acting upon what God has to say.

Some years ago a situation arose that seemed to indicate that we had outgrown our living quarters. Besides, what had been a quiet, homelike environment had become almost overnight a seething, noisy business center.

We were renting, and with the ever-increasing activities and hubbub, I could not stifle my longing for a little place we could call our own, where we could live—and sleep!—undisturbed. But no matter how I approached the problem it seemed impossible of fulfillment. While our income was sufficient to cover our ordinary needs it did not permit of purchasing a home or even of a down payment on one.

As I look back now I can see so clearly that my

energy was consumed in worrying about rather than in listening for the solution of the problem.

One morning while I was in the midst of a frenzied flurry of cleaning my apartment this realization came to me. I felt prompted to put away my vacuum sweeper and dust cloths. Without my usual qualms about work unfinished I settled quietly in a chair, affirming, "God guides me in all that I think and do." Completely relaxed, I then closed my eyes and remained for some time "listening."

When I arose I could not say that I had an answer to my problem. On the contrary I did a seemingly irrelevant thing. I decided to telephone to a girlhood friend. I had not kept in touch with her and could not even recall her married name. I had heard it once, but it was an unusual foreign name, so I resumed my work and dismissed from my mind the idea of telephoning. When I had given up all effort to remember it the name literally flashed into my consciousness!

The impulse to telephone became very strong again, so I immediately went to the telephone and reached my friend. In the course of our conversation I mentioned our need, made more urgent because of the illness in our home. She told me that a house near her had just been repossessed by the bank; but she knew none of the particulars. This seemed beyond my wildest hopes, because she lived in a beautiful residential section of the city.

The need for immediate action goaded me on once more. I told her I would check into the matter without delay. I hastened to the bank and learned that the key had been turned in about two hours previously.

I explained to the bank representative our great need and asked if I might take the key to look at the bungalow and show it to my husband. He told me quite frankly that the purpose of the bank was to sell all the houses on which they had foreclosed the mortgage; that the bank had never rented such properties, nor did they have the desire or facilities for handling rentals. Besides, he stated, he had already ordered painters to get to work immediately and put the property in condition for sale. He said I might have the key to inspect the property but asked me to return it immediately if upon reaching the place the painters had begun their work.

To hold the key in my hand at all seemed wonderful! I lost no time in getting out to the bungalow with my husband, whom I picked up at his office.

Oh, the wonder of that little house, its sleepy, sunny garden redolent of the perfume of flowers. It had then and still has a real personality. I saw its effect on my husband as he said, "It is wonderful."

When I returned to the bank I told the representative how we loved the little place and that, if permitted to rent it, we would restore it to as perfect condition as our combined efforts could achieve. "Just think," I said. "You can forget the painters, who have not yet begun their work; we will paint it. Forget the tangled garden and shrubs; we will prune and care for them. Forget the broken plaster; we will fix it: oh, I simply cannot return the key."

Strangely enough, while promising all this I did not ask for any protection against a possible purchaser when our work should be completed. My faith seemed to tell me everything would be all right.

Well, it took some effort on the part of the bank representative to convince other board members that it was a feasible transaction. But he did. He stated that it would be profitable to be relieved of time-consuming conferences about materials and labor and such matters and that the deal looked all right.

We were given a verbal lease until such time as we could talk of buying. Not a paper was prepared for us to sign. We gave our word. The bank gave theirs. After all, is there anything more binding than one's word? And in tribute to that bank let me say that they more than kept their bargain.

As the property took on its original beauty, and as houses became more scarce, real-estate agents would importune the bank to sell to one of their many applicants. Apparently all realtors had lists from the various banks of homes on which mortgages had been foreclosed. But we were assured by the bank that we should not be disturbed; nor were we.

Finally the point was reached where ours was practically the last unsold foreclosure. We went to the bank with our small down payment—we had not been able to save the customary initial payment; and if it had not proved adequate we had intended to release the bank from the entire transaction.

But they increased our inner stature immeasurably by explaining to us that actually our proffered down payment represented much more than the amount tendered, since it had not been necessary to deal through a real-estate agency. Therefore we might consider the item of commission as increasing the total of our payment. Also they stated that the work we had done would have cost the bank many times more

than it had cost us to do it personally. Best of all, they stated that they now had a sound, rehabilitated security for their loan on the property, which loan they permitted us to assume in connection with our installment purchase.

HIGH PRAISE

Our fathers paused and set one day apart
To thank Thee, gracious Lord, for food to eat.
I too would thank Thee from my inmost heart
For the harvest yield. But oh, I find it sweet
To pause today, remembering the things
Throughout the year that gave my spirit wings.

No less than gifts of corn and wheat and rye,
No less than this Thy gift, my sheltering roof,
Are the elusive things: the star-drenched sky,
High winds, the sun, blue distance, crags aloof,
Unreachable, yet beckoning me to climb
Higher than earth through limitless space and time!

I do not need a dim cathedral's light,
An organ's rolling thunder as I pray.
I want a hill, wind-swept and clean and bright,
Where I can reach and thank Thee, Lord, today
For a thousand things so often we pass by
Without a prayerful word or lifted cry.

—GRACE NOLL CROWELL

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council: both are used by permission.

Lesson 6, November 6, 1949

UNITY SUBJECT—*Taking Courage.*

INTERNATIONAL SUBJECT—*God Comforts His People.*—Isa. 40:27-31; 41:10-13; 61:1-3.

27. Why sayest thou, O Jacob, and speakest, O Israel, My way is hid from Jehovah, and the justice *due* to me is passed away from my God?

28. Hast thou not known? hast thou not heard? The everlasting God, Jehovah, the Creator of the ends of the earth, fainteth not, neither is weary; there is no searching of his understanding.

29. He giveth power to the faint; and to him that hath no might he increaseth strength.

30. Even the youths shall faint and be weary, and the young men shall utterly fall:

31. But they that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk, and not faint.

10. Fear thou not, for I am with thee; be not dismayed, for I am thy God; I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

11. Behold, all they that are incensed against thee shall be put to shame and confounded: they that strive with thee shall be as nothing, and shall perish.

12. Thou shalt seek them, and shalt not find them,

even them that contend with thee: they that war against thee shall be as nothing, and as a thing of nought.

13. For I, Jehovah thy God, will hold thy right hand, saying unto thee, Fear not; I will help thee.

1. The Spirit of the Lord Jehovah is upon me; because Jehovah hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the broken-hearted, to proclaim liberty to the captives, and the opening *of the prison* to them that are bound;

2. To proclaim the year of Jehovah's favor and the day of vengeance of our God; to comfort all that mourn;

3. To appoint unto them that mourn in Zion, to give unto them a garland for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of Jehovah, that he may be glorified.

GOLDEN TEXT—*Fear thou not, for I am with thee; be not dismayed, for I am thy God; I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.* —Isa. 41:10.

SILENT PRAYER—*I wait upon God, and the strength that I confidently expect rises within me unabated.*

That we do not always receive from God the help that we expect is due to our misconception of the nature of God and of spiritual help. Our relation to God is not that of one person to another, nor is the help that God gives comparable to the help that we may receive from a friend or neighbor. God's help is an inner enabling, and God's presence is an inner quickening of all our faculties and powers to the point of ready accomplishing on our part. God within me is my God, and no other can save me or

do me justice. "The Creator of the ends of the earth" creates within me a clean heart, and renews a right spirit within me, and this creation recreates me in the divine image and likeness, so that I become a son of God and heir of all Godlike qualities.

My way is "hid from Jehovah" only as my thoughts and actions are ungodlike. The right way lies clear and open before us. As we wait upon God for guidance, we may recall the words of the prophet Zechariah: "These are the things that ye shall do: Speak ye every man the truth with his neighbor; execute the judgment of truth and peace in your gates; and let none of you devise evil in your hearts against his neighbor; and love no false oath . . . therefore love truth and peace." Truth is emphasized, and the first duty we have is to be true in ourselves. We are to root out all deceit, all false thinking and speaking, deny all habits that involve plotting and insincerity. We are to wait upon the God of Truth. Our strength is in truthfulness and sincerity, and not otherwise. Lacking this quality "even the youths shall faint and be weary, and the young men shall utterly fall." It takes character and a foundation of integrity to enable anyone to stand upright regardless of circumstances. Given these, we renew our strength, and we rise in thought to God, as the eagle rises on mighty wings into the upper air.

The God-directed person is not weary of well-doing and does not become discouraged. His daily way of life shows no sign of weakened faith, for he ever sustains himself by resting quietly in thought on "the everlasting God, Jehovah." The Infinite is not exhausted by probing. "There is no searching

of his understanding."

We cannot define God in limited terms, but we can trust the limitless, the undefined. This attitude is our open-sesame to the Infinite. Until we trust we make no headway. Trustfulness starts us upward toward the heights. It infuses the Spirit of Jehovah in us, so that we can do the works of God in the measure of our strength and intelligence. Whether it is the work of preaching good tidings, of binding up the brokenhearted, of proclaiming liberty to the captives or opening the prison to the bound, of proclaiming the acceptable time of God's working, of comforting those who mourn by turning their mourning into joy and gladness, praise and thanksgiving, we can inspire others with new life ("trees of righteousness"), that they may unfold and develop along lines of Truth and righteousness in a way that will glorify God. We take courage in the thought of our unobstructed access to God.

QUESTIONS

1. What is the nature of the help that God gives us?
2. "I am with thee." What is God's presence like?
3. How does the creative work of God become manifest in us?
4. What hides our way from Jehovah? How can it be made open and clear to us?
5. In the expression of Truth what is our first duty?
6. How do we renew our strength?
7. In what way do faith and trust in God empower us to do all that lies before us?

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Lesson 7, November 13, 1949

UNITY SUBJECT—*The Purpose of Suffering.*

INTERNATIONAL SUBJECT—*Perfected through Suffering.*—Isa. 53:1-12.

1. Who hath believed our message? and to whom hath the arm of Jehovah been revealed?

2. For he grew up before him as a tender plant, and as a root out of a dry ground: he hath no form nor comeliness; and when we see him, there is no beauty that we should desire him.

3. He was despised, and rejected of men; a man of sorrows, and acquainted with grief: and as one from whom men hide their face he was despised; and we esteemed him not.

4. Surely he hath borne our griefs, and carried our sorrows; yet we did esteem him stricken, smitten of God, and afflicted.

5. But he was wounded for our transgressions, he was bruised for our iniquities; the chastisement of our peace was upon him; and with his stripes we are healed.

6. All we like sheep have gone astray; we have turned every one to his own way; and Jehovah hath laid on him the iniquity of us all.

7. He was oppressed, yet when he was afflicted he opened not his mouth; as a lamb is led to the slaughter, and as a sheep that before its shearers is dumb, so he opened not his mouth.

8. By oppression and judgment he was taken away; and as for his generation, who *among them* considered that he was cut off out of the land of the living for the transgression of my people to whom the stroke *was due?*

9. And they made his grave with the wicked, and with a rich man in his death; although he had done no violence, neither was any deceit in his mouth.

10. Yet it pleased Jehovah to bruise him; he hath put him to grief: when thou shalt make his soul an offering for sin, he shall see *his* seed, he shall prolong his days, and the pleasure of Jehovah shall prosper in his hand.

11. He shall see of the travail of his soul, *and* shall be satisfied: by the knowledge of himself shall my righteous servant justify many; and he shall bear their iniquities.

12. Therefore will I divide him a portion with the great, and he shall divide the spoil with the strong; because he poured out his soul unto death, and was numbered with the transgressors: yet he bare the sin of many, and made intercession for the transgressors.

GOLDEN TEXT—*Surely he hath borne our griefs, and carried our sorrows.*—Isa. 53:4.

SILENT PRAYER—*I am strong in the thought and purpose of God, and in that thought and purpose I stand fast.*

The power of God ("the arm of Jehovah") is revealed to those who are able to endure and to go forward regardless of the efforts of the personal or race man to deter them. The Christ grows up in the consciousness "as a tender plant, and as a root out of a dry ground," without especial cultivation or encouragement. The Christ is an idealized growth existing in mind and character rather than in the external lineaments ("He hath no form nor comeliness").

The validity of suffering has always been questioned, and men have rebelled against its seeming necessity. The explanation is to be found in the struggle to develop from an unconscious natural being to a conscious spiritual being, or to manifest in mind, body, and affairs the divine attributes bestowed upon man in the beginning when he was conceived as an ideal in universal Mind. To achieve this development and express his innate perfection man employs the universal substance, which he molds according to his own conceptions. God made spiritual man after His image and likeness, and this man is Christ. The body of Christ is the "man of sorrows."

The body of Christ is knit together of spiritual qualities, "a heart of compassion," then kindness, meekness, lowliness, forbearance, forgiveness, love, thankfulness. Until our inner eye is opened to behold the beauty of ideal wholeness, we see the universal body as an abstraction only. The qualities that go to the composition of the Christ body are developed through suffering. The "man of sorrows" is the man of compassion and understanding. Love and forgiveness likewise grow out of suffering, as do meekness and lowliness.

The mystery of change is always before us. The presence of both good and seeming evil in our world forms another mystery on which we may expend much time and thought. We live in cosmic man as fishes live in the sea or as the natural man lives in the air. Without the cosmic substance we should be incapable of both thought and action. We do not understand its nature, and we project false ideas and mistaken conceptions out of it.

The natural man rejects the thought of the spiritual body as a reality. "He was despised, and rejected of men." He prefers to dismiss it as a figment of the imagination not worthy of his attention. This failure to recognize the truth leads in manifestation to a diminution of the Christ substance instead of an increase, which is the opposite of the divine plan. "He must increase, but I [the intellect] must decrease."

The universal body makes no protest. It is subject to the race thought just as our body is subject to our thoughts. "He was oppressed, yet when he was afflicted he opened not his mouth." Our body

silently obeys our will even when that will is adverse and causes it to disintegrate. In like manner the cosmic or Christ body is "cut off out of the land of the living." The adjustment of the will to constructive thinking is the remedy for this condition.

The final lesson of suffering brings understanding and a sense of satisfaction with the knowledge of self that is gained through it. "He shall see of the travail of his soul, *and* shall be satisfied." Satisfaction is heightened by the realization that self-dominion reacts to the benefit of all, not only to that of the sufferer. "By the knowledge of himself shall my righteous servant justify many." The universal body has power to receive and harmonize all error thoughts, and in time it will work out the great redemptive plan of Divine Mind for man. Jesus played the major part in re-educating man out of wrong thinking into constructive mental habits. In His name we can overcome as He overcame.

QUESTIONS

1. When it is borne in the right spirit does suffering bring strength to the sufferer?
2. How does the idea of the Christ grow in consciousness?
3. What is the "man of sorrows"?
4. What qualities compose the Christ body?
5. Is the thought of the reality of the spiritual body readily accepted and understood by the natural man?
6. How can the cosmic or Christ body be restored to its rightful estate?

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Lesson 8, November 20, 1949

UNITY SUBJECT—*The Christ Foretold.*

INTERNATIONAL SUBJECT—*The Great Invitation.* —Isa. 55:1-11.

1. Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price.

2. Wherefore do ye spend money for that which is not bread? and your labor for that which satisfieth not? hearken diligently unto me, and eat ye that which is good, and let your soul delight itself in fatness.

3. Incline your ear, and come unto me; hear, and your soul shall live: and I will make an everlasting covenant with you, even the sure mercies of David.

4. Behold, I have given him for a witness to the peoples, a leader and commander to the peoples.

5. Behold, thou shalt call a nation that thou knowest not; and a nation that knew not thee shall run unto thee, because of Jehovah thy God, and for the Holy One of Israel; for he hath glorified thee.

6. Seek ye Jehovah while he may be found; call ye upon him while he is near:

7. Let the wicked forsake his way, and the unrighteous man his thoughts; and let him return unto Jehovah, and he will have mercy upon him; and to our God, for he will abundantly pardon.

8. For my thoughts are not your thoughts, neither are your ways my ways, saith Jehovah.

9. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

10. For as the rain cometh down and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, and giveth seed to the sower and bread to the eater;

11. So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.

GOLDEN TEXT—*Seek ye Jehovah while he may*

be found; call ye upon him while he is near.—Isa. 55:6.

SILENT PRAYER—*I accept the Christ consciousness as God's free gift to me, and abide in it.*

Water is one of life's chief necessities. Even in a physical sense it is essential to life, since the content of the body is largely fluid. In desert countries water is a symbol of life, for without it life does not long continue. The "water of life" is a figure designating that which gives life and which keeps it expressing itself according to the law of each kind or species.

"Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat." The water of life, as also wine and milk, is the Christ consciousness. It sustains life (as water), it stimulates life (as wine), and it nourishes life (as milk). We may choose according to our need. We may work for these rich gifts of Spirit substance and possess ourselves of them without money and without price, but by our labor.

Men are prone to desire material things and to spend themselves in quest of that which neither nourishes nor sustains their inner nature. They spend their money "for that which is not bread." Labor for temporal things with no thought beyond their temporal value is wasted effort, for no real satisfaction comes from possessing what is temporal or in setting the heart on it. Full satisfaction is found only in Christ. "I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst."

To "hearken diligently unto me" is to hold fast to the Christ way of life and obey the principles of the Christ. The soul qualities are thus developed, and true satisfaction is realized in the life. "Eat ye that which is good, and let your soul delight itself in fatness." As we realize and express the love that is within us, our consciousness of love increases. David represents love and is a type of the Christ. "The sure mercies of David" are the sure rewards of expressing love in our daily life.

Love is a witness of the Christ to the peoples, for everyone understands it, believes in it, and responds to it when it is genuine and without ulterior motives. Love is the real "leader and commander to the peoples."

A nation represents an aggregation of thoughts in mind. "A nation that thou knowest not" is such an aggregation of thoughts on a subject that is new to us. The avowed aim of science is to discover truth, and to do this in full measure science must come to the Christ or its knowledge will remain piecemeal. It must "run unto thee, because of Jehovah thy God." Science may well be that nation, but so far it is not greatly influenced by considerations of religious faith.

We find God only as we have an earnest desire to make contact with the divine. If we neglect to develop our spiritual faculties the time comes when we no longer desire to know God consciously. Apathy displaces desire, and we drift in the stream of the race consciousness. To avoid this fate we are to "call . . . upon him while he is near." Then our thoughts easily become "his thoughts," as we listen

for the divine voice within ourselves and realize our nearness to the divine in all life.

The thoughts of divine love are higher than the thoughts of personal consciousness. In fact there is no parallel between them. They are of an entirely different order. The thoughts of God are of good, and their effect is good. The thoughts of personal consciousness are selfish, self-centered, and evil, and bring evil in their wake. The unrighteous man can change his ways of thinking, can rise to the plane of high thinking, turn from evil to good, and enter into spiritual consciousness and express the spiritual content of life. Thought habits are cumulative, and the longer and more faithfully we persist in thinking constructively the stronger the habit becomes and the more fruitful of good. Right speech builds up a great structure of good, just as rain brings growth followed by seedtime and harvest. Both take effect under law, the one no less surely than the other.

QUESTIONS

1. How is the Christ consciousness represented in the text for today?
2. For what should our money, our time, and our effort be chiefly spent, and why?
3. What are "the sure mercies of David"?
4. What is meant by the words "a nation that thou knowest not"?
5. When do we find God?
6. How can the unrighteous man enter into spiritual consciousness?

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Lesson 9, November 27, 1949

UNITY SUBJECT—*Expressed Conviction.*

INTERNATIONAL SUBJECT—*Jeremiah—Spokesman*

for God.—Jer. 1:9, 10, 18, 19; 22:1-3, 13, 14; 37:15-17.

9. Then Jehovah put forth his hand, and touched my mouth; and Jehovah said unto me, Behold, I have put my words in thy mouth:

10. See, I have this day set thee over the nations and over the kingdoms, to pluck up and to break down and to destroy and to overthrow, to build and to plant.

18. For, behold, I have made thee this day a fortified city, and an iron pillar, and brazen walls, against the whole land, against the kings of Judah, against the princes thereof, against the priests thereof, and against the people of the land.

19. And they shall fight against thee; but they shall not prevail against thee: for I am with thee, saith Jehovah, to deliver thee.

1. Thus said Jehovah: Go down to the house of the king of Judah, and speak there this word,

2. And say, Hear the word of Jehovah, O king of Judah, that sittest upon the throne of David, thou, and thy servants, and thy people that enter in by these gates.

3. Thus saith Jehovah: Execute ye justice and righteousness, and deliver him that is robbed out of the hand of the oppressor: and do no wrong, do no violence, to the sojourner, the fatherless, nor the widow; neither shed innocent blood in this place.

13. Woe unto him that buildeth his house by unrighteousness, and his chambers by injustice; that useth his neighbor's service without wages, and giveth him not his hire;

14. That saith, I will build me a wide house and spacious chambers, and cutteth him out windows; and it is ceiled with cedar, and painted with vermilion.

15. And the princes were wroth with Jeremiah, and smote him, and put him in prison in the house of Jonathan the scribe; for they had made that the prison.

16. When Jeremiah was come into the dungeon-house,

and into the cells, and Jeremiah had remained there many days;

17. Then Zedekiah the king sent, and fetched him: and the king asked him secretly in his house, and said, Is there any word from Jehovah? And Jeremiah said, There is. He said also, Thou shalt be delivered into the hand of the king of Babylon.

GOLDEN TEXT—*Woe unto him that buildeth his house by unrighteousness, and his chambers by injustice; that useth his neighbor's service without wages, and giveth him not his hire.*—Jer. 22:13.

SILENT PRAYER—*I express my heartfelt conviction in deeds as well as in thoughts and words.*

Jeremiah ("exaltation of Jehovah") represents spiritual faith demanding that all religious thoughts be faithful in observance of divine law. Faith is that in us which intuitively discerns the divine law and seeks to impress it on the will in effectual measure. No conviction is stronger than that which is based on intuitive perception, for this cannot be nullified by external opinion. When we know a thing within ourselves the knowledge is forever part of us.

Sense consciousness is subject to cause and effect. Jeremiah understood the connection between these two, and his work was based on this understanding. He himself spoke from spiritual consciousness in warning the children of Israel to change their habits of thinking and obey the divine law. Jehovah touched his lips with conviction, and he need no longer speak as a child. He spoke with authority. "Jehovah put forth his hand, and touched my mouth; and Jehovah said unto me, Behold, I have put my words in thy mouth."

To be set over the nations and over the kingdoms, to tear down and rebuild, is a high commission. Few statesmen of modern or ancient times have had such power. Jeremiah's power derived from the fact that he interpreted the divine law and that Jehovah stood back of him. He saw clearly what would come, and he declared his vision fearlessly. Unless conviction is reinforced with courage it has no force. "I have made thee this day a fortified city, and an iron pillar, and brazen walls, against the whole land." To realize strength in this measure is to be indomitable. As we conceive a mission of such magnitude backed by such authority we too become powerful influences for good, each in our particular niche or place. Jeremiah was to hold firm against kings, princes, priests, and people. He was not to quail before any of them, and his honesty and integrity were to be his adequate defense against all injury at their hands. He was incorruptible, so that they feared him even while they disliked him, because he told them unpalatable truths. "They shall fight against thee; but they shall not prevail against thee: for I am with thee, saith Jehovah, to deliver thee."

The word of Jehovah is no cabalistic utterance, no dark saying. It is plain and clear enough for anyone to read aright. "Execute ye justice and righteousness, and deliver him that is robbed out of the hand of the oppressor; and do no wrong, do no violence, to the sojourner, the fatherless, nor the widow; neither shed innocent blood in this place." No mystery attaches to these commandments. They read like a modern volume of the law of the land. They can be interpreted or applied literally as well as

metaphysically. In the latter sense they include just and right thinking of ourselves as well as of others, a watch over the self, and the development of selflessness and consideration for qualities that are above mere sense perceptions.

No abiding structure can be built on a dishonest foundation. "Woe unto him that buildeth his house by unrighteousness, and his chambers by injustice; that useth his neighbor's service without wages, and giveth him not his hire."

Spiritual faith that hews to the line regardless of fear or favor, and that always speaks the truth is unpopular with sense consciousness. "The princes were wroth with Jeremiah, and smote him, and put him in prison." To have to repress our convictions is fatal to free expression. The will can overcome repression and free us from negative states of mind. Zedekiah the king brought Jeremiah out of the prison in order to inquire of him whether there was any word from Jehovah. However self-will does not set free permanently. Although the faith that is in us fearlessly states the truth in the face of negation, such candor does not advance our cause.

QUESTIONS

1. What is our strongest conviction, and why can it not be nullified?
2. Does spiritual faith discern the connection between cause and effect?
3. What enables us to speak with authority?
4. From what did Jeremiah's power spring?
5. Is the word of God plain and clear to the understanding?
6. Is Truth popular with those who are in sense consciousness? Why not?

Silent UNITY

"He hath put a new song in my mouth," even the song of wisdom, even praise unto the Lord of light.

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo., Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

He Is My Refuge

LAST SPRING I was sick, unhappy. My husband and I were having marital difficulties and were deeply in debt. Since the situation seemed so hopeless I really "let myself go" on the Unity idea of thanking God for what I had, although it wasn't visible at the time. Although I studied Unity for over a year, this was the first time I really tried to apply the principles and ideas I had learned. To begin with, my husband and I found new understanding. He was in despair over unemployment, illness, and failure in general. It seemed everything we tried to do turned out unsuccessfully. Then taking a lot for granted, as it seemed to me, I thanked God for everything and asked forgiveness for doubting. I prayed sometimes two or three hours a day as I was alone all day and evening. I prayed until I really believed what I prayed, and I made it a policy not to beg but to thank.

Our home is happy and peaceful now. My illness is over—two doctors said I would need two separate operations—and the symptoms are all cleared up.

The doctor was quite amazed and could not understand it. After losing two babies I now have one due in a couple of months, and a specialist said I am in perfect condition. I had a blocked kidney, and he was sure an infection had set in. However I knew God would help me as always; the condition cleared up and again the doctor was surprised.

We had our health and happiness but still had our debts. Then I started what seemed like a very bold short prayer: "Thank you for our freedom from debt." We had been worrying about how to eliminate bills. We never dreamed of a larger income as it seemed impossible to us. Day after day another "miracle" occurred until our income has doubled over what it ever was, without my working and without our sharing our home with strangers. We really are free from debt; but best of all, we are blessed with a love and peace that few of our friends know. They often comment on how contented we are.—*M. E. K., New York.*

Love One Another

THIS LETTER is to tell you of the answer to the prayers you have offered for me and my husband. As you probably recall it was necessary for me to write to you for help several times last year. Although we were steadily employed there was always a seeming unrest, and happiness, and contentment did not abide.

The wonderful affirmations you sent us have made our days so much brighter. Finally we came back home to live, and then everything took on new

life for us. Now we are making less than our former income, but the contentment and nearness of God abides with us here in our own home, away from the noise and bustle of the city.

We are working in our church and community affairs again. Really I think our calling is here, as there are many things we can do for the benefit of others, and we like it that way.

My husband is working in a new position at night, and he has the benefit of being home from 7 a. m. until 12 midnight with every Sunday free for church. We are so happy and thankful for this blessing.—*A. L. E., Indiana.*

I WROTE to you for prayers before Christmas, prayers for harmony and understanding between my husband and me. It is simply wonderful, and I am so happy and grateful for your prayers. I could write several pages on this, but the main thing you want to hear is that our prayers were answered. After being married for fifteen years I believe we have a perfect understanding and love each other today more than people could think possible.—*M. W., Kansas.*

Filled with Plenty

I CALLED you a few weeks ago, the night before the bank was to foreclose on our business for non-payment of notes amounting to twenty-five hundred dollars. We only had eight hundred dollars to pay, and with God's help through you and all the rest of Unity the bank accepted our payment of eight hundred and gave us monthly payments of one hundred

dollars, which we can meet easily.—*J. S. V., Mississippi.*

I WROTE you the last week of January to speak the word for my success on a sales trip to New Orleans. I want to thank you for the help you gave. I found no resistance whatsoever to my product and was given an order of some volume. This was in spite of all the adverse reports I had received. I was received graciously by everyone I was in contact with, and everything was perfect.—*C. S. S., Texas.*

He Shall Have Abundance

I WOULD like to add a few words of appreciation for the good I have received from using the prosperity-bank drill. I can see that it is a great help in changing my thinking from destructive and negative to constructive and positive.

All our obligations have been met in spite of the fact that at times it seemed impossible. My whole family has been helped, and we are accomplishing things we didn't realize we could do. Add to that much more harmony in our home life, and you can see why I have cause to rejoice and thank you for your kind help.—*Mrs. J. L. D., California.*

His Truth Is a Shield

SINCE I have become a student of Unity I know that I need no longer have any fear of the future. I am happy, and my wife and children are happy and in good health.—*A. G. S., Virginia.*

I Will Come and Heal

LET ME express my heartfelt gratitude for your helpful prayers during the grave illness of my husband's mother last November. In my letter at that time I told you of her relapse following a major operation, and at that time all the doctors, nurses, members of the family, and her many friends were expecting to see her draw her final breath at any moment. But somehow I knew she could and would survive it all and recover, once again to be her same whole self, enjoying perfect health such as she had had the last ten or twelve years, with the help of prayer and Unity.

Now I am overjoyed to tell you the results of all the prayers were just as I had thought they would be. Within four days of that very trying time when her condition seemed so grave she was at home in her own bed on the road to recovery, with all her family there with her. It wasn't long before she was able to be up and around and slowly but very surely taking up her old stand in life. Now she is the picture of good health. I am confident that your wonder-working spiritual help played a very great part in her remarkable recovery, and words cannot half express the gratitude of all who know and love her.—*M. L. B., California.*

Unto Us a Child

I JUST WANT you to know how wonderfully your prayers have helped me. The birth of our baby came off perfectly, and she is perfect in every way. My health is now better than it has been in seven or eight years.—*N. W. N., Florida.*

HELP *from Silent* UNITY

These are extracts from letters that Silent Unity has written to those who have asked our help in finding and obeying the divine law of life.

"I need help so badly with family affairs—with the inharmonious conditions caused by my daughter-in-law, who is the victim of the green-eyed monster jealousy in a most acute form. We do not know what to do. She does everything to turn her husband away from us. She refuses to let him go to see us unless she goes along. He cannot go hunting with his brother. She almost refused to let him act as pallbearer when his grandmother passed on! She also refused to let him stand up with his brother when he got married, or to come to the wedding. It has been five years now since both boys were together for Christmas dinner.

She is so sweet and such a nice cook and housekeeper. We cannot figure out what the matter is. She told him he had to choose between his mother and her; that he could not have both. She will not let us see their baby. We love them so much and are so hurt and puzzled. I hope you will pray for us.—*From a letter received by Silent Unity.*

From the things you tell us in your letter, you and your husband are taking exactly the right attitudes, not making an issue of the things these young people do in the emotion and ignorance of their youth.

Through prayer you will be able to keep your poise and to say and do the things that will be a

blessing to these dear ones.

As these young folks live, experience, and learn the important values of life, they will grow up emotionally and their attitude will become mature and considerate. In the meantime your part will be to give them your love and understanding and what friendship they will accept, and stand by while they work out their problems.

We realize that it is difficult for loving, conscientious parents to be at peace while there is any inharmony or misunderstanding between them and their children. But when parents realize that young people have to work their own way through life to wisdom and well-being and that there are going to be times when they are jealous and angry, demanding and possessive, they will be able to stand by without bewilderment or unhappiness. We are knowing that you and your husband have the understanding and patience you need to stand by in peace and poise during this time.

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I was with the marines in the Pacific during the war. Due to the action I saw there I am extremely nervous and tense. I have developed an extremely bitter and caustic tongue and an extremely violent temper, over which I seem to have no control. I must curb these tendencies if I am to succeed in my chosen work. May I have your prayers.—*From a letter received by Silent Unity.*

We are happy to pray with you for a poised, peaceful attitude toward life and for guidance for you in the business venture you have engaged in.

It is easy to understand that one who has had

the war experiences you have encountered will need time to adjust himself once again to normal, everyday living. However the fact that you can recognize this shows that you are ready again to live your life happily, calmly, and successfully.

While it is never easy or convenient to weigh each of our words and test it for kindliness and tactfulness, this is a thing each person must do if he is to become the wholly friendly, dependable person he wants to be. Also we must listen to that inner part of ourselves that is sensitive to the feelings and reactions of those about us. It is easier to hold our temper when we remember that if we do not we shall hurt another. Keep faith with yourself and with the Spirit within you to give you the strength and the poise you need to live harmoniously and to act calmly.

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My life is faced with very unhappy circumstances. Three years ago my husband deserted me and my child. Since that time I have prayed almost constantly for him to return to us but to no avail. Please tell me what is wrong. If prayers are answered, why is not mine?—*From a letter received by Silent Unity.*

It is always good to be united with you in prayer. As we pray with you at this time, we are asking that whatever will bring you the greatest joy and the fullest life may come to you. We ask that you have loving companionship, a comfortable home, a way of life that is satisfying to you.

We do not ask that your husband return to you, for we do not feel it is right to pray that others may

do specific things. We have no way of knowing if this would be right for you or for him, but we do know that as we pray for your happiness and well-being, these will come to you in the way that is best.

We would assure you that joy and a good life will come to you from God. They are not dependent upon any other person. Remind yourself often that the answer to your heart's need can come to you in many ways. You cannot even imagine the wonderful means by which God can bless you.

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I am asking your prayers, and I pray God to forgive me. A number of years ago I took a pair of gold pins from one of my schoolmates, and I do not know where she is now, so have no way of making amends. I cannot stop worrying. I don't have any peace of mind, and I don't know what to do.—*From a letter received by Silent Unity.*

We are praying with you for peace of mind, and we know that God has truly forgiven you for your error. We are sure that the one from whom you took the pins has long since adjusted herself to the loss. Often we chide ourselves unnecessarily for our mistakes and to a great extent hinder God's work in us. Forgive yourself, dear friend, even as God has lovingly forgiven you. Through self-criticism and shame we often unwittingly prevent ourselves from being the wise and helpful persons we wish to be. Everyone has done something that perhaps was unwise and may carry the burden of such a mistake much too long. Forgiveness on your part helps to bring peace, and God can work well only in a peaceful heart.

UNITY CENTERS

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Blanche Joki, 406 N 22

ARKANSAS

Little Rock—Mary Wayman, 108 Linwood

ARIZONA

Globe—Sarah Lightle, 117 E Oak

CALIFORNIA

Alamo—Marie M. Giles, Alamo Community Club
Alhambra—Gertrude Hall, 204 S 2
Bakersfield—Della Shutts, Brower bldg
Berkeley—Susanna Scott, Durant hotel
Beverly Hills—Ruth Rae, 101 N Robertson
Burbank—Joseph & Mildred Haggerty, 706 E Olive
Canoga Park—Nannie Highnote, 22133 School Craft
Compton—Margaret Butterworth, 115 N Chester
El Monte—Irene Malloy, Community bldg
Fresno—Alice Stokes, 171 Blackstone
Glendale—Geraldine Johnson, 119 S Kenwood; Mary Adams, 724 South st
Hermosa—Winifred Dietz, 77 17th
Hollywood—Rose Schneider, 1162 N St Andrews
Inglewood—Maude Galpin, 226 E Spruce
Long Beach—Louise Newman, 935 E Broadway
Los Angeles—Ernest C. Wilson, Norma Knight Jones, C. Franklyn Kelly, 635 S Manhattan Pl; Nina Fisher, 3010 Palm Grove; Emma Luke, 2120 S Union; Dollee Phillips, 3605 W Wash blvd; Alfred Williams, Arcade bldg; Helen Mouton (col) 4419 Mettler
La Crescenta—Ruth Ware, 4004 La Crescenta
Monrovia—Irene Malloy, 201 E Lime
Montebello Park—Gertrude Hall, Woman's club
Napa—Helen Wade, Churchill manor
North Hollywood—Joseph & Mildred Haggerty, 4871 Lankershim blvd
Oakland—Alma Morse, 1433 Madison
Oceanside—Sonja Celia Samiran, Oceanside Woman's Club
Pasadena—Max Flickinger, 60 N Mich; Carrie Love (col) 80 Orange pl
Pomona—Unity, 249 W Monterey
Richmond—Winifred Deming, 1125 Nevin
Sacramento—John Hinkle, 1025 9th; Blanche Evans, Eastern Star temple
San Bernardino—Dr & Mrs H P Nicholls, 763 D st
San Diego—Marie Fleming, Watts bldg
San Fernando—Vera Stennen, 720 N Maclay
San Francisco—Robert Hulbert, 25 Fulton; Ethel Higgins, 133 Geary bldg
San Gabriel—Ethel Turner, 325 S Pine
San Jose—Rose Emery, Y W C A
San Leandro—Barbara Lyon, 561 Lafayette
Santa Ana—Myron & Estelle Key, 2015 N Broadway
Santa Barbara—Leslie McBride, 227 E Arrellaga
Santa Cruz—Alice Hopkins, 151 Garfield
Santa Monica—Sue Sikking, 1528 3
Santa Rosa—Helen Wade, 845 3d
South Gate—Edna Drebert, 2945 Tweedy
Stockton—Grace Swannell, 230 E Fremont
Studio City—Herbert J. Schneider, 12355 Moorpark
Taft—Della Shutts, 631 North
Van Nuys—Mary Hider, 14416 Victory
Watsonville—Alice Hopkins, 31A Madison
Whittier—Louise Newman, 410 S Greenleaf

COLORADO

Denver—Alice Benson, Colorado bldg
Pueblo—Edith Wilshire, YWCA

CONNECTICUT

Bridgeport—Helene Kersten, 610 Fairfield
Hartford—Edna Titus, 926 Main
New Haven—Bonnie Adams, Hotel Taft

DISTRICT OF COLUMBIA

Washington—Margaret & E Roy Feldt, New Colonial hotel; Ann Sandefer, 1733 Eye st N W

FLORIDA

Clearwater—Louise Beaty, Chamber of Commerce Auditorium
Daytona Beach—Mary D Huck, 128 Broadway
Delray Beach—Frances Jarrell, 34 S E 4th ave
Fort Lauderdale—Nora Campbell, Woman's club
Fort Myers—Mildred Brown, 7 and 8 Travers Arcade First st
Jacksonville—Wm & Bonnie Grenson, 220 E Monroe
Miami—May Stoiber, 158 NE 4th
Orlando—Carolyn Parsons, 503 E Orange
Sanford—Carolyn Parsons, Valdez hotel
St Petersburg—Louise Beaty, 801 6 ave S
Tampa—Ruby Wagner, 626 No B
West Palm Beach—Fannye Treaster, 134 Acacia

GEORGIA

Atlanta—Kathryn Boyce, 684 W Peachtree; Mabel Butts (col) 382 Ashley NW

HAWAII

Honolulu—Marie Handley, 240 Lewers rd

IDAHO

Boise—Christopher Scott, Pinney bldg

ILLINOIS

Bloomington—Hazel Erisman, 109½ N Main
Champaign—Viretta S Sutherland, City bldg
Chicago—W I & Anna Hoschouer, 306 S Wabash; Nellie McCollum, 64 W Randolph; Edith Reynolds, 116 S Michigan; Janet Beaudry, 410 S Michigan; Margaret Halsey (col) 322 E 43d; Henrietta Gorden (col) 4307 S Michigan
Decatur—Maud Kellogg, 317 W Decatur
E St Louis—Florence Schaefer, Broadview hotel
Mattoon—Ethel Maguire, Hotel Byers
Rockford—Bernice Biggers, Empire bldg
Springfield—Eva Conover, 709 S 7th

INDIANA

Ft Wayne—Faith Cornwall, Court and Berry
Gary—Margaret Cain, YMCA
Hammond—Margaret Cain, Masonic temple
Indianapolis—Margaret Strahle, Claypool hotel; Frederick Andrews, 8 E Market

IOWA

Des Moines—Betty Stitt, 3118 Grand
Sioux City—Unity, Insurance Exchange bldg
Waterloo—Irene Duncan, 324½ E Fourth

KANSAS

Hutchinson—Nona Kerfoot, 316 W 15th
Topeka—Harriet Pfouts, Jayhawk hotel
Wichita—Carl & Lois Moran, 3241 Victor

KENTUCKY

Covington—Clara Conway (col) 244 Ky
Louisville—Maebel Carrel, 1322 S 4; Ruth Cox (col) 1233 S 16

LOUISIANA

New Orleans—Eloise Echlin, 4730 Cleveland; Ruth Murphy, 604 Canal

MAINE

Portland—Unity, 562 Congress

MARYLAND

Baltimore—E Roy Feldt, Emerson hotel

MASSACHUSETTS

Boston—John Baughman, 30 Huntington
Cambridge—Edna Titus, 881 Massachusetts
Worcester—John Baughman, Academy bldg

MICHIGAN

Ann Arbor—Marie Munro, 310 S State
Bay City—Roxie Miller, YWCA
Birmingham—Virginia Shipley, Theater bldg
Dearborn—Eleanor M Cameron, 22362 Morley
Detroit—Herbert Hunt, Maccabees bldg; Otto Fishburn, 4221 Eastlawn; Virginia Shipley, 115 E Grand River; James Elliott (col) St Antoine YMCA
E Lansing—Roxie Miller, 425 W Grand River
Jackson—Bess DeMay, Security bldg
Grand Rapids—Ida Bailey, Scribner & 2d N W
Kalamazoo—Amy Moffett, 209 W Dutton
Lansing—Harvey & Ida Best, Olds hotel
Pontiac—Eve Edeen, 72½ N Saginaw
Royal Oak—Walfred Taurainen, 101 S Troy

MINNESOTA

Minneapolis—Lila Ranney, 2300 Hennepin
St Paul—Nellie Hohenwald, New York bldg

MISSOURI

Jefferson City—Amanda Clibourn, 319 Ash
Kansas City—Louis E & Ethel Meyer, 707 W 47th
Lee's Summit—Ralph Rhea, Unity Farm
Lemay—Julia McKee, 284 Lemay
Overland—Kate Evans, 2422 Goodale
Springfield—Unity, 224 W State
St Joseph—Osla Jones, 12 and Felix
St Louis—James E Sweaney, 119 N 7; Hilda Eilers, 3616 Bates; Florence Brummer, 4509 S Kingshighway

MONTANA

Billings—Mary Wessel, 11 Lewis
Bozeman—Mary Wessel, 103½ Bridger Arms
Butte—Mary Wessel, YMCA
Great Falls—Lillian Cook, 1023 2 S
Livingston—Mary Wessel, Elks hall
Missoula—Maidie Van Etten, 200 E Pine

NEBRASKA

Lincoln—Harold Irving, 138 N 12
Omaha—C N & Hallie Broadhurst, YWCA

NEVADA

Reno—Robt & Fay Caswell, 847 University

NEW JERSEY

Allenhurst—John E Manola, 107 Main
Hackensack—Eleanor Drew, Woman's club
Montclair—Gladys Stevenson, 6 S Fullerton
Newark—Edith Berry, Berwick hotel
Plainfield—Helen Zagat, Babcock bldg
Trenton—Elinor MacDonald, Studio Theater, 541 E State

NEW MEXICO

Albuquerque—Mina Stevenson, 1219 W Tijeras

NEW YORK

Albany—Marian Hoagland, YWCA
Binghamton—Unity, Arlington hotel
Brooklyn—Ella Pomeroy, 3 Albee sq
Buffalo—Lillian Matthews, Statler hotel
Elmira—Elise Rosenburg, Merchants Bank bldg
Flushing—Adele Woodruff, 135-42 40 rd
Forest Hills—Adele Woodruff, Forest Hills inn
Ithaca—Elise Rosenburg, I O O F hall
New Rochelle—Ethel Nickelsen, Huguenot YMCA
New York—Georgiana West, 1 W 47; Crichton Boatwright, 57 Park ave; Josephine Siemon, 400 E 59; Stella Wrenn, 5 W 8 st; Courtenay Johnson (col) 2523 7th ave; Nanna Sutton (col) 137 W 110
Rochester—Elise Rosenberg, Seneca hotel
Roslyn Heights—Adele Woodruff, 58 Mineola
Schenectady—Marian Hoagland, Lafayette & Chapel
Syracuse—Russell Kemp, 110 Onondaga ave
Troy—Marian Hoagland, 50 2d
White Plains—Ocoa Moore, 3 Greenridge

NORTH CAROLINA

Asheville—Velma Hoffman, Battery Park hotel

OHIO

Akron—Cleo Lee, 34 S High
Canton—Daisy Daggert, 203 6th N W
Cincinnati—Effie Smith, Erna E Wissman, 3047 Madison; Millie Leslie, Sinton hotel
Cleveland—Earl & Martha Anthony, Hotel Cleveland
Columbus—Dale & Donna Newsum, 50 W 5 Ave
Dayton—Ethel Crouch, Canby bldg
Hamilton—Louise Tahse, 117 Ross
Marion—Mercedes Fossler, YMCA
Springfield—Nora Elliott, 19½ S Limestone
Toledo—Wallace Tooke, 2740 Upton
Warren—Everett St John, 167 Main S W
Youngstown—Everett St. John, Home Sav & Loan bldg

OKLAHOMA

Tulsa—Grace Kehrer, 714 S Boston
Oklahoma City—Alice & Schuyler Cronley, Midwest bldg
Okmulgee—Ruth Jacques, McCullough bldg
Ponca City—Celia White, 1018 S 5

OREGON

Portland—Marion Lance, 811 NW 20

PENNSYLVANIA

Philadelphia—Margaret Feldt, St James hotel
Pittsburgh—Eric Butterworth, 233 Oliver

TENNESSEE

Memphis—Omer Hodgman, 1911 Madison
Nashville—Susan Smartt, 1816 Broad

TEXAS

Amarillo—Eugenia Lane, Blackburn bldg
Dallas—Ruth Gillespie, 2030 Commerce
El Paso—Mabel Peck, 130 E Rio Grande
Fort Worth—Ruth Gillespie, Texas hotel
Houston—Lillian Brass, 3422 Louisiana; Corine Smith (col) 1302 Schwartz
San Antonio—Mary Myles, Maverick bldg

WASHINGTON

Bremerton—Marion Brown, 925 Park
Everett—Estella MacPherson, 2609 Wetmore
Kennewick—Beulah Scott, Arrow Grill
Seattle—Donald O'Connor, Arcade bldg
Tacoma—Warren Meyer, 1012½ A st
Wenatchee—Maud McCulloch, Columbia hotel
Yakima—Beulah Scott, 109 S 4

WISCONSIN

Beloit—Bernice Biggers, YWCA bldg
Milwaukee—Mae Lundahl, 208 E Wisconsin
Racine—Lu Verna Bauer, 423 S Main

CANADA

Hamilton—Carl Lathrop, 194 Main
Montreal—May Duncan, Victoria Hall, Westmount
Ottawa—Andrew Carlson, National bldg
Regina—Unity, Thompson blk
Toronto—Mary & George Dunning, 2249 Yonge st
Winnipeg—Edna Bowyer, 360 Young

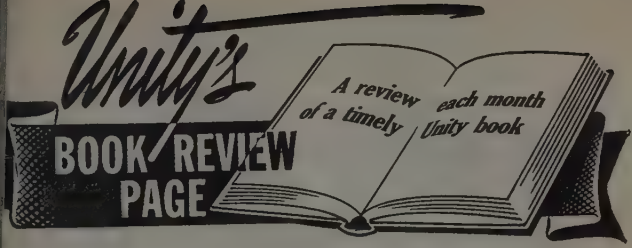
ENGLAND

Easington Village—Thomas W Merrington, 11 Sea View, Co. Durham
Iver Heath—Dora Johnson, Ellsmere, Slough rd
London—Ruth Hacking, 6 Stanhope Terrace, W 2
Sunderland—Thomas W Merrington, Co. Durham

MEXICO

Mexico D. F.—Clara Kouns Lumpkin, Berlin 31

Unity Literature in French: Unite, 93, rue Truffaut, Paris XVIIe, France.



Best-Loved Unity Poems

An Anthology of Poems That Have Appeared in Unity Magazines

A Unity book to treasure and keep close at hand is this volume of 181 poems by 112 authors. These poems have appeared in various Unity magazines down through the years and include the oft-requested poems of such authors as Frank B. Whitney, Ernest C. Wilson, Grace Noll Crowell, R. H. Grenville, Elizabeth Barr Haas, James Dillet Freeman, and others.

Best-Loved Unity Poems has been carefully arranged into twelve sections according to subject matter in order to make instantly available the kind of poem desired. One of the sections is devoted to poems for the various seasons and holidays, others to poems of faith, work, beauty, comfort, peace, and the like.

Best-Loved Unity Poems is lovingly presented as a companionable volume of good cheer and inspiration, which can supply the right word of comfort for a friend and give assistance in planning the just-right message of Truth for meetings and special occasions.

(*Best-Loved Unity Poems* is available in handsome black fabrikoid, gilt-stamped, at $1 a copy.)

Appearing in Other Unity Magazines This Month

A Series on the Emotions

Beginning in November, *Progress* presents a four-part series of articles by Ernest C. Wilson entitled "Mastering Your Emotions." Mr. Wilson draws upon his background of wide experience in teaching and counseling in the Unity ministry for this stimulating discussion of common emotional problems and suggests solutions for these problems. The article in the November issue is entitled "Self-Conquest." Other articles follow in successive issues and are entitled "Peace," "Fear," and "Love."

Mr. Wilson writes: "The forces of your life take destructive form only because you have not opened constructive channels for their expression. . . . The devils of emotion that sometimes possess you are simply angels gone astray, as weeds are plants that have run wild and have not been cultivated and made to serve a useful purpose."

Wee Wisdom *Presents Series of Pioneer Stories*

Jet Stockwell is a thirteen-year-old boy around whom Bula Hahn has written many stories of pioneer days "out West." In the November issue of *Wee Wisdom* begins a seven-part story entitled "Jet's Freedom," which is the eighth story about Jet that has appeared in *Wee Wisdom*. Parents and teachers find the Jet stories helpful in presenting the early-day history of this country and feel that they inspire patriotism and love for this great land of ours.

"Near and Here"

"Many people who have 'experienced the presence of God' have tried to tell us what Tennyson meant when he said, 'Closer is He than breathing, and nearer than hands and feet,' " writes Gardner Hunting in his article "Near and Here" for the November 6 issue of *Weekly Unity*. In this article Mr. Hunting gives much helpful instruction to any reader who desires to understand and feel his oneness with God and all of His attributes to a greater degree.

The Heart of the Eternal

In her *Daily Word* article "The Heart of the Eternal" Elizabeth Landeweer tells of a doctor's reply to a despondent friend who felt that life was passing her by: "You could do more real living in five minutes than in five months if you would concentrate on getting the good out of the present moment." Mrs. Landeweer believes there is a knack to living in the present and that the secret consists in trustfully accepting the full goodness of each moment as it comes, then of releasing it from our life as freely and trustfully as we release a breath upon the air.

The Genius of Right Thinking

"The great Thomas J. Watson, who built up the huge International Business Machines Corporation, made his own success sure when he developed greatness in his associates," writes Mabel Barth Ray in her *Good Business* article "The Genius of Right Thinking." Mrs. Ray discusses Mr. Watson's career from his first job as salesman of pianos, organs, and sewing machines to his position as highest-paid salesman of his time.

Unity Books and Booklets

For Beginners

Beginning Again	standard only	$1.00
God a Present Help	standard only	1.00
God Is the Answer	*Dutch* $1; *English*	1.00
How I Used Truth	*German* $1; *English*	1.00
Lessons in Truth	standard only	1.00
Lessons in Truth	*German, Russian, Spanish, Dutch*	1.00
Letters of Myrtle Fillmore	standard only	1.00
Lovingly in the Hands of the Father	standard only	1.00
New Ways to Solve Old Problems	de luxe $2; standard	1.00
Six-Day Healing Practice, A	*Spanish* $.10; *English*	.25
Great Physician, The	standard only	1.00
Mental Equivalent, The	*German* $.10; *Russian*	.10
Whatsoever Ye Shall Ask	de luxe $2; standard	1.00

For Healing

Christian Healing	standard only	1.00
Christian Healing	*German*	1.00
Divine Remedies		.50
Jesus Christ Heals	standard only	1.00
Truth Ideas of an M. D.	standard only	1.00
You Can Be Healed	standard only	1.00

For the Home

Meatless Meals	cloth	1.50
You and Your Child	de luxe $2; standard	1.00

For Prosperity

As You Tithe so You Prosper		.50
Both Riches and Honor	*French* $1; *English*	1.00
Prosperity	standard only	1.00
Prosperity's Ten Commandments	standard only	1.00
Working with God	standard only	1.00

For Inspiration

Best-Loved Unity Poems	standard only	1.00
Finding the Christ	*Russian, German, Swedish* $.10; *English*	.25
Have We Lived Before?	standard only	1.00
Mightier than Circumstance	standard only	1.00
Sunlit Way, The	de luxe $2; standard	1.00

For Devotion

Bible, American Standard Edition		6.00
Book of Silent Prayer		.50
Contemplation of Christ, The		.50
Effectual Prayer	standard only	1.00
Silence, The		.50
Unity Song Selections	cloth	1.00

For Advanced Study

Atom-Smashing Power of Mind	standard only	1.00
Christ Enthroned in Man	de luxe $2; standard	1.00
Know Thyself	de luxe $2; standard	1.00
Metaphysical Bible Dictionary		5.00
Mysteries of Genesis	standard only	1.00
Mysteries of John	standard only	1.00
Selected Studies	standard only	1.00
Talks on Truth	standard only	1.00
Teach Us to Pray	de luxe $2; standard	1.00
Twelve Powers of Man, The	standard only	1.00
What Are You?	de luxe $2; standard	1.00

Greeting Booklets

Are You Getting All You Want from Life?	.10	God Is Blessing You Now	.10
Be at Peace	.10	Good News, The	.10
Breath of Immortality	.10	Holy Bread	.10
Challenge of the Dawn, The	.10	Land Is Bright, The	.10
Christmas Blessing	.10	Life Is Consciousness	.10
Christmas Spirit, The	.10	Mental Equivalent	.10
Daily Resurrections	.10	Preparation for Easter	.10
First Things First	.10	Recipes for Living	.10
Gift Imperishable, The	.10	Song of Life, The	.10
Great Helper, The		To Them That Ask	.10
French, English	.10	Way of Faith, The	.10
		White as Cotton	.10

(12 copies of these booklets for $1. Envelopes included)

For Children

Jet's Adventures	1.00
Jet and the New Country	1.00

NEWS from UNITY

Unity and Christmas

Recent months have been very busy ones at Unity. We moved from 917 Tracy, Kansas City, Mo., to our new home near Lee's Summit, Mo. Moving stock, equipment, and office furniture and arranging for transportation of five hundred workers was a sizeable project, but with the help of our loving and wise Father God, careful planning, and the splendid co-operation of all concerned, it was done.

The moving has been completed, and we are prepared to handle your Christmas orders. In previous years we have made suggestions as to how you could help us serve you and the thousands of other folks who wish to give Unity books and magazines to their friends. We offer the following suggestions to you this year. By observing them you will help us, and you will be assured of having your order filled on time:

1. Order early, then allow plenty of time for your order to reach you.

2. *Be sure* to give us the complete name and address of each person to whom you wish us to send gift books and magazines. Also *be sure* to list the book or magazine you wish each person to receive. Your order will be delayed if we must write to you for this information.

3. Should the January issues of any of the Unity periodicals not arrive on time—because of the great amount of mail being moved during the holidays—be assured they will reach you. A very, very small percentage of mail passing through postal channels is ever lost.

4. Remember our new address: Lee's Summit, Mo. However any mail sent to us at 917 Tracy, Kansas City, Mo., will be delivered to us promptly.

Wee Wisdom *a Family Gift*

When you want to remember several children in a family, yet do not want to give individual gifts, why not give *Wee Wisdom?* It is Unity's magazine for children from five to thirteen years of age and contains stories and

features that entertain and guide toward right conduct but do not preach or moralize.

Mr. L. J. D., Ohio, reports as follows on the popularity of *Wee Wisdom* in his home:

"My three children aged three, seven, and ten received *Wee Wisdom* as a gift from their grandmother and have certainly enjoyed it this past year. I read it to them after they are ready for bed. Also we repeat The Prayer of Faith together. I have noticed that my older boy likes the Spartan stories. The lesson in each one usually is just the one he needs at the moment. He always grasps the lesson and applies it to himself."

Unity Magazines— Successful Gifts

A friend in Iowa reports: "My wife said to me recently, 'You could not have given me anything that I would have liked as well as *Weekly Unity*. Receiving it every week is like getting a letter.' "

The following letter is from a friend in Connecticut:

"Some time ago I had you send a subscription for *Good Business* to one of my ex-soldier friends. It was so greatly appreciated that I would like to send it to other men to help them find the road to success."

A friend in New Jersey likes to send *Daily Word* as a gift:

"*Daily Word* is such an inspiration, and the friends for whom I have subscribed for it report they have received much help from their daily reading. One friend says that it means much to her to know that many other persons in all parts of the world are reading the *same* messages."

A man in Washington

writes:

"I wonder if your subscribers realize the value of *Progress* as a gift? It has been my experience that whenever I have given a subscription for *Progress* it is read by all the family where it is received."

Gift Wrapping Suggestion

This year when you wrap your Christmas gift packages, why not plan to include a copy of *Christmas Blessing*, the new Unity greeting booklet by Clara Palmer? The new booklet features an attractively designed inscription page where you may write the name of the friend to whom you are giving the gift, also your own name as the giver. *Christmas Blessing* or any of the Unity greeting booklets may be slipped under the ribbon of your gift packages and will add an unusual touch that is certain to be appreciated.

Order Unity Gift Books and Subscriptions EARLY!

Pioneer Stories Inspire Patriotism in Children

The United States is a nation rich in pioneer heroism and courage. Teachers find that children are much impressed by stories of how the early settlers moved westward and established new frontiers.

Since textbooks of history are largely confined to facts, much of the real romance of pioneering is omitted. Unity publishes two books about the pioneer life of the Stockwells and their friends, who left comfortable homes in the bluegrass country to travel by ox wagon train to the new country "out West." Bula Hahn, a daughter of pioneers,

has written *Jet's Adventures* and *Jet and the New Country*. Jet is the twelve-year-old son of the Stockwells, and it is from his standpoint that the books are written. You will find *Jet's Adventures* and *Jet and the New Country* listed on the Books and Booklets page of this magazine.

German Professor Praises Unity Literature and Sends Greetings

Praise is the keynote of the letter we have received from Dr. F. K., Germany. He writes that Unity literature with its high ideals and wonderful ideas has given him assurance and peace. To quote Dr. F. K.:

"Your publications offer a detailed presentation of Truth, for which I have searched for a lifetime."

He concludes his letter with the following greeting, which we feel is also for you readers who have helped make possible the distribution of free Unity literature in Germany and other foreign countries by sending love offerings for this purpose:

"Dear Friends: My family and I pray for the universal realization of your principles and teaching, and we send you our best greetings. May God bless you for everything you do. You are blessing this world of ours, which could be a paradise if all of us would only follow God's will and obey the voice of our hearts."

A Christmas Story

Zelia M. Walters has written a Christmas story, "What Manner of Gift," for the December issue of *Unity*. It is a fictional account of Jonan, a merchant who wanted to see Jesus, the teacher who was being followed by such great crowds. He wondered what sort of man He was when one saw Him close up. Mrs. Walters describes Jonan's first view of Jesus as follows: "At first Jonan was disappointed. He had expected some kind of princely glory. But this was an ordinary man, slender, alert, dressed in garments such as Jonan himself wore. Then the face was turned toward Jonan. In a breathless moment he knew. No, one would not be afraid to ask Him anything. The love that looked out from those luminous eyes reassured the most fearful."

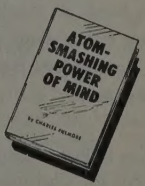
This story is one that could be adapted for use in Christmas meetings or on Christmas programs.

Unity Suggests—

THESE TWO BOOKS FOR CHRISTMAS GIVING

"Atom-Smashing Power of Mind"

Selected writings of Charles Fillmore in which he shares his rich harvest of the "deep things of Spirit." The many victorious soul experiences he relates in this volume will challenge any reader to continue steadfast on the kingdom-seeking way. Here is adequate assurance that in spite of seeming destructive tendencies at work in the modern world there abides in the one Mind the ultimate good for man.



"Effectual Prayer"

By Frances W. Foulks. For the person who would benefit from companionable instruction in the art of prayer. The subject of prayer is discussed extensively, and in addition there are twenty-eight meditations on a variety of subjects. A book that will readily appeal to all regardless of religious affiliations.

These books are attractively bound in black fabrikoid and are priced at $1 a copy. They may be purchased at your local Unity center or by writing direct to

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

For Your Christmas Order from Unity Use the Form Below

The books announced on the preceding page and your list of favorite Unity books and magazines should suggest appropriate Unity gifts for your friends and loved ones. Books ordered sent to them direct will be packed in holiday wrappings, and an attractive gift card bearing your name will be inclosed. Likewise each magazine gift subscription will be sent with an announcement stating that it is a gift from you. Both magazines and books are held in our office and mailed just in time for Christmas.

Be sure to designate on the order blank below the name of the book or magazine you wish us to send to each friend. You may either send payment with your order or you may ask for a Prosperity Bank in which to save the amount of your purchase.

Unity School of Christianity, Lee's Summit, Mo.

Fill my Christmas order as follows: ☐ I inclose $..... to pay for my order. ☐ Send me a Bank in which to save for my order.

Send (book or magazine) .....

To .....

Street .....

City ..... State .....

Send (book or magazine) .....

To .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided.

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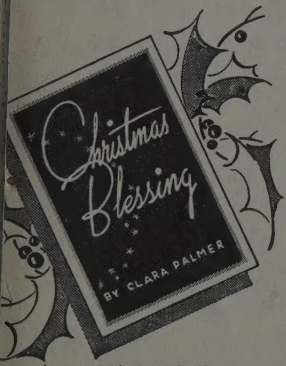
Great Messages

IN SMALL GIFTS

UNITY GREETING BOOKLETS

Convenient, inexpensive gifts that can be given alone or included with larger gifts are the Unity greeting booklets. Attractively designed covers; great yet simple messages. Certain to uplift and encourage your friends and loved ones.



Unity's New Greeting Booklet for Christmas, 1949

Christmas Blessing

Christmas Blessing, by Clara Palmer, who awakens her readers to countless ways of giving as well as receiving the blessing of the Christmas season. An inspiring, soul-renewing message: "By the grace of Jesus Christ you are prepared to receive this day any good your soul desires."

Other Greeting Booklets

Are You Getting All You Want from Life?, Challenge of the Dawn, The Christmas Spirit, First Things First, Gifts for the Christ, The Gift Imperishable, God Is Blessing You Now, Holy Bread, Mental Equivalent, Recipes for Living, White as Cotton.

Unity greeting booklets are artistic, colorful, and printed on fine paper. They are 3¾ by 5⅞ inches in size, and with them come attractive mailing envelopes requiring only one and one-half cents postage. (Booklets are sent to you for remailing; we do not address them to your friends.)

Price of the booklets, 10 cents each; 12 assorted for $1.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

Garrett Biblical Institute
% The Library
Evanston Ill U

Father-God, I thank Thee for the realization that Thou art indeed a healing and harmonizing power eternally present.

I thank Thee for this universe and for Thy great directing intelligence that keeps all things in divine equilibrium. I thank Thee for this earth, the good, sweet air, the trees, the sunsets, birds, and gentle rains. I thank Thee for shelter, for food, for all the comforts of life, and for the infinite supply that constantly sustains me. For health, for peace of mind, for happiness, I am most grateful.

I thank Thee for my friends and dear ones, those whom Thou hast given me to love and cherish. I am thankful for their infinite patience, love, and faithfulness.

Help me to live so close to Thee, dear God, so much at one with Thee, that others may feel Thy healing radiance and be quickened with the joy of wondrous thanksgiving.

—John E. Manola